

# KENTUCKY LEAD POISONING PREVENTION PROGRAM

Case Management Plan

2010

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# Case Management Plan

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<sup>\*</sup> Prenatal Section of the PHPR



# Introduction

Every child deserves the best opportunity to succeed.

## **Background & Purpose**

ince 1974, an effort to prevent, screen, diagnose, and treat LEAD POISONING has been under way as part of the Kentucky Revised Statute (KRS), including the identification of the sources of lead poisoning through research, educational, epidemiological, and clinical activities as is necessary. In addition, BLOOD LEAD SCREENING and CASE MANAGEMENT protocols and guidelines have been published in the Kentucky Public Health Practice Reference (PHPR), which contains detailed clinically based information to support patient-centered health care provided by local health departments and supportive information to assist professionals in providing services within the community, outside the clinical setting. Until recently, however, there has been no means of assuring that children statewide receive appropriate services after they are diagnosed with an elevated blood lead level (EBLL) level (10µg/dL or greater). By early 2001, the need for more expanded and standardized statewide protocols became apparent. An assessment was conducted and found that each year nearly 20,000 children were being screened for lead poisoning through local health department clinics and private providers. Of those children who required confirmatory testing (20µg/dL or greater), less than 50.0% actually received a confirmation test; and of those children who received a confirmatory test, 30.5% were confirmed as lead poisoned. Further, according to state statute, all AT RISK CHILDREN ages 72 months and under should be tested for elevated blood lead levels. It was subsequently concluded that only 10.0% of all children aged 1-2 years and 6.0% of children age 72 months and under over all were being tested statewide. It was therefore determined that a more comprehensive approach was needed for testing and follow up activities assuring that (1) all at risk children are tested for EBLL's; and (2) children statewide receive appropriate and case managed services after they are diagnosed with an EBLL defined as 10µg/dL or greater of whole blood. On July 1, 2003 the Commonwealth of Kentucky was successful in creating the Kentucky Lead Poisoning

Prevention Program, funded by a grant provided by the U.S. Centers for Disease Control and Prevention, to address these issues.

The case management guidelines outlined in this document are a result of this early assessment and a response to the identified need for more comprehensive and standardized statewide guidance in this area. Changes have been be made as needed, based on evaluation results and a more thorough investigation by a designated team assembled from the STATEWIDE ADVISORY WORKGROUP. These guidelines are intended to serve as minimum case management guidelines for providing services to children with EBLL's 10µg/dL or greater. These have been developed to establish minimum levels of care and are not intended to limit the level of care provided at the local health department. Those local jurisdictions that are formally a part of the statewide lead poisoning prevention effort and have, therefore, greater resources available should take a more rigorous approach to case management. This document works in concert with the Kentucky Lead Poisoning Prevention Program Statewide Screening Plan Guidance (Section I) and follows the recommendations from the Centers for Disease Control and Prevention Advisory Committee on Childhood Lead Poisoning Prevention.<sup>2</sup> Current case management documents and guidelines published in the Public Health Practice Reference have been incorporated and expanded to more fully address follow up activity issues and as a means to create a standardized process for which to conduct screening and case management activities in the Commonwealth of Kentucky toward the elimination of blood lead levels 10µg/dL or greater among children up to 72 months of age in accordance with the Cabinet for Health and Family Services (CHFS) Healthy People 2010<sup>3</sup> target.

A final objective of these guidelines is to ensure that a qualified **CASE MANAGER**, or appropriately qualified designee, is available to oversee the treatment and recovery of each child who has been diagnosed with an elevated blood lead level, and to ensure that steps are taken to prevent further exposure of the child to potential sources of lead within a seamless program structure including blood lead screening, environmental assessment and remediation.

In December 2010 this plan was reviewed and updated to reflect changes in the *Public Health Practice Reference (PHPR)*. It is reviewed and updated biannually by the *Health Sub-committee* made up of, LHD case managers, LHD program directors, the University of Kentucky Extension Associate for Environmental Issues and the Kentucky CLPPP case manager and environmentalist. It is further reviewed annually by the entire Advisory Committee.

As of December 2010 there are over 400 children from around the state who have a blood lead level of  $10\mu g/dL$  or above and are being case managed by the Kentucky CLPPP and Local Health Departments.



# Identifying children at risk

# Identification, assessment and diagnosis

• The primary cause of EBLL's in children up to 72 months of age is exposure to deteriorated paint in housing built before 1950.<sup>2</sup> Although severe cases of lead poisoning are rare today, the threshold for harmful effects of lead remains



unknown. There is good evidence, however, that show deficits in cognitive and academic skills associated with lead exposure at blood lead concentrations lower than  $5\mu g/dL$ . In Kentucky, blood lead levels (BLL)  $10\mu g/dL$  or greater will initiate case management follow up and interventions. BLL's  $\geq 15\mu g/dL$  requires **CONFIRMATORY TESTING** before initiating a more intense management, including physicians medical

evaluations, medical nutrition therapy and environmental assessments starting with the child's home. Environmental assessments are also available to any child with **PERSISTENT** levels in the 10-14µg/dL range. Referrals and recommendations to the physicians to make a lead specialist consult on BLLs 25µg/dL or greater, for possible **CHELATION THERAPY**. Case management activities associated with each blood lead class are outlined in the *Lead Section* published in the Kentucky Public Health Practice Reference (PHPR). Each blood lead level is detailed on the following pages in this case management plan with appropriate follow up activities are noted in the columns *Interventions* and *Follow-Up*, respectively.

	Guidelines for Blood Lead Levels			
	BLOOD LEAD LEVEL	ASSESSMENT	INTERVENTIONS	FOLLOW-UP
Blood Lead	0-9.9μg/dL	Not considered lead poisoning (No amount of lead in the body is normal. Even low blood lead levels can cause adverse neurological effects such as loss of IQ points and learning disabilities. It is very important that education on ways to prevent lead poisoning begin at this level)	<ul> <li>Continue to review risk assessment questions at each preventive health visit up to 6 years of age with routine blood lead testing at 12 and 24 months on all Medicaid recipients/ and at-risk children who live in a targeted screening area or have positive risk factors.</li> <li>Complete routine blood lead testing for at-risk patients (Medicaid, Targeted Zip Code areas, and "+" or "don't know" verbal lead risk assessment responses</li> <li>Parent education pamphlets</li> <li>Refer for WIC services</li> <li>Contact State HHLPPP NCI if you have questions</li> </ul>	<ul> <li>Annual blood lead test once a positive risk factor is identified.</li> <li>Retest at next periodicity visit if risk factor changes</li> <li>Medicaid recipients or children who reside in a targeted screening area:         <ol> <li>Routine blood lead level obtained at 12 and 24 months of age.</li> <li>Blood lead level obtained on all children 25 months-6 years of age who have never been screened.</li> </ol> </li> </ul>
8	10–14.9 μg/dL	Level of concern  1 <sup>st</sup> specimen at this level	<ul> <li>Parent education pamphlets</li> <li>Mail or fax monthly report to HHLPPP NCI, contact if any questions; send report form if 2<sup>nd</sup> level in the 12 weeks is &gt;10μg/dL</li> <li>Refer for WIC services</li> <li>Home Visits:</li> <li>If 1<sup>st</sup> specimen at this level nurse or allied health professional and/or local environmentalist may make home visit and visual investigation</li> <li>*If 2<sup>nd</sup> BLL remains at this level, nurse and/or local environmentalist</li> <li>*must make a home visit for visual investigation within 30 days of 2<sup>nd</sup> EBLL result.</li> </ul>	<ul> <li>Repeat blood lead level in 12 weeks of the initial, if BLL is still in this range repeat every 12 weeks until blood lead level is &lt; 10 μg/dl.</li> <li>Establish a tracking system that assures retesting.</li> <li>Case management.</li> </ul>
	15–44.9 μg/dL  For BLL> 25, please refer to physician to consult with a lead specialist	Lead Poisoning ≥15µg/dL  Venous Specimens are uncontaminated, preferred and considered confirmation  First capillary specimen at this level will need to be confirmed 2 <sup>nd</sup> Capillary is acceptable; however, special care is needed when using a 2 <sup>nd</sup> capillary specimen as a confirmation for lead poisoning	<ul> <li>Parent education pamphlets</li> <li>Contact state HHLPPP NCI if guidance needed</li> <li>Refer for Medical Nutrition Therapy and WIC services.</li> <li>Refer to a primary care provider (PCP) for medical evaluation. Provide PCP with letter/information with lead specialist consult.</li> <li>Initial home visit by nurse or allied health professional within 1 week.</li> <li>Visual investigation to be made within 1 week of LHD receiving confirmed EBLL results by an RN and/ or Environmentalist.</li> <li>Refer to a *Certified Risk Assessor to perform a lead risk assessment within 2 weeks of LHD receiving confirmed EBLL results. *Contact KY HHLPPP if your HD does not have a Certified Risk Assessor</li> <li>Environmental: Lead Risk Assessment to be completed within 30 days of Risk Assessor receiving referral from LHD, 'Environmental' guidance can be found in AR</li> <li>Mail or fax report to HHLPPP NCI</li> </ul>	<ol> <li>Submit confirmation (see assessment criteria) specimen within one week</li> <li>Repeat blood lead levels at 1–2 month intervals until:         <ol> <li>Blood lead level is less than 10μg/dl for 6 months</li> <li>or as s ordered by the physician</li> <li>Establish a tracking system that assures retesting and case management</li> </ol> </li> <li>For medical case closure see case closure section         <ol> <li>Environmental: Lead hazards have been addressed.</li> </ol> </li> </ol>

\*Consult KY HHLPPP for more information

#### GUIDELINES FOR BLOOD LEAD LEVELS AND FOLLOW-UP

	BLOOD LEAD LEVEL	ASSESSMENT	INTERVENTIONS	FOLLOW-UP
Blood Lead	45–69.9 μg/dL  A VENOUS specimen is needed to confirm a diagnosis of lead poisoning at this level.	<b>Lead Poisoning BLL≥ 15</b> μg/dL	Same as listed above except refer to PCP for medical evaluation. Provide PCP with letter/information with lead specialist consult within 48 hours.	<ul> <li>Submit confirmation (see assessment criteria) specimen within 48 hours</li> <li>During and post chelation therapy, retest monthly until:</li> <li>Blood lead level is less than 10μg/dl for 6 months (capillary specimens are acceptable)</li> <li>or as s ordered by the physician</li> <li>Establish a tracking system that assures retesting and case management</li> <li>For medical case closure see case closure section</li> <li>Environmental: Lead hazards have been addressed</li> </ul>
Blo	70μg/dL and above  A VENOUS specimen is needed to confirm a diagnosis of lead poisoning at this level.	Lead Poisoning BLL≥ 15 μg/dL  MEDICAL EMERGENCY	Same as listed above <b>except refer to PCP for medical evaluation.</b> Provide PCP with letter/information with lead specialist consult within 24 hours.	<ul> <li>Submit confirmation (see assessment criteria) specimen within 24 hours</li> <li>During and post chelation therapy, retest monthly until:</li> <li>Blood lead level is less than 10μg/dl for 6 months (capillary specimens are acceptable)</li> <li>or as s ordered by the physician</li> <li>Establish a tracking system that assures retesting and case management</li> <li>For medical case closure see case closure section</li> <li>Environmental: Lead hazards have been addressed</li> </ul>

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#### CASE MANAGEMENT PLAN



The interventions recommended in this *Chart* are for the secondary prevention of elevated blood lead levels, which is to

prevent further lead exposure and to reduce BLLs in children who have been identified as having EBLLs. It must be stressed that the ultimate goal is *primary prevention* – the removal of harmful lead exposure sources in especially older, deteriorated housing,



and the elimination of lead from products with which children may come in direct or indirect contact.



# Intervention and follow up

The primary objective of the case management process of children with EBLL's is to reduce their BLLs below 10µg/dL—CDC'sthe level of concern. Ninety percent of programs use professionals (nurses or social workers) to deliver case management services.<sup>2</sup> A major component in assuring this process is outreach and **CARE COORDINATION**.

### Outreach and care coordination

Outreach and care coordination includes home visiting, service planning and resource identification, linkages to needed services, service implementation, monitoring of service delivery, and evaluation.<sup>2</sup> A case management team may include the case manager, the child's caregiver, the child's PCP, an environmental risk assessor, a health educator, a nutritionist, and a local health agency as well as technical assistance from KY HHLPPP. Once a child is identified with an elevated blood lead level, follow up activities should begin in accordance with *Lead Section (Appendix A)*. In accordance with CDC case management recommendations, case management includes the following:

- Visit the child's residence (and other sites where the child spends 6 hours or more per week).
- Review preventive education with the care giver
- Assess factors that may impact the child's BLL (including sources of lead, nutrition, access to services, family interaction, and caregiver understanding).
- Oversee the activities of the case management team.
- Develop a written plan for intervention.
- Coordinate the implementation of the plan.
- Evaluate compliance with the plan and the success of the plan.

It should be noted that all children with EBLL's become "health department patients" when their cases are brought to the attention of staff, even if the child is receiving services elsewhere.

Any time the blood lead levels are at  $10\text{-}14\mu\text{g}/\text{dL}$ , an environmental visual evaluation is completed (Appendix E & F). At BLL's level  $\geq 15\mu\text{g}/\text{dL}$ , which is considered lead poisoning, an environmental risk assessment is required. An environmental risk assessment must be performed by an environmentalist certified to do risk assessments. The certified risk assessor should visit the child's residence and any other site where the child spends 6 hours or more per week, with the case manager if possible, to conduct a thorough investigation with samples taken of the site to identify sources of environmental lead exposure. Results from the environmental visual evaluation as well as the environmental risk assessment can be used by the case management team in developing a plan to protect the child until corrective measures are completed and no new hazards are identified.

## The PHPR Lead Management Home Visit Protocol

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In accordance with the Kentucky *Public Health Practice Reference*, an initial home visit by a nurse/case manager is required for all children receiving services in a health department clinic with second blood lead levels of 10-14µg/dL or greater; (*Appendix C & D*). Additional follow-up home visits may be made at the discretion of the nurse

/case manager to monitor the blood lead status of the child and/or evaluate the child's residence (Appendix G & H).

The nurse/case manager is responsible

for initiating a referral to the local health department (LHD) environmentalist for an environmental visual evaluation. The environmental visual evaluation should occur at the same time as the case manager initial home visit if possible. The home visit by the nurse/case manager and the environmentalist visual evaluation should occur according to the timeframe specified in Table 1.



Table 1: Home Visit and Visual Investigation

rable 2. Frome visit and visual investigation		
Blood Lead Level	Time Frame for Assessment	
2 <sup>nd</sup> BLL 10-14ug/dL	4 weeks of 2nd BLL in this range	
15-19.9 μg/dL	2 weeks; refer for comprehensive lead risk assessment	
20-44.9 μg/dL	1 weeks; refer for comprehensive lead risk assessment	
45-69.9 μg/dL	48 hours; refer for comprehensive lead risk assessment	
>70 μg/dL	24 hours; refer for comprehensive lead risk assessment	

#### **INITIAL ASSESSMENT**

- Assess family's awareness of the child being lead poisoned and level of understanding
- Who is providing primary and acute health care?
- Assess child's physical status, including behavior problems/changes, nutritional status and specific habits such as placing fingers in mouth or eating dirt or paint chips.

• Assess home environment. Determine whether dwelling was built prior to 1978. Assess the general condition of the house/apartment and the level of housekeeping/cleanliness.

#### INITIAL INTERVENTION/FOLLOW-UP

- Inform family of the child's lead exposure status, what lead poisoning is, the effect of lead, and the importance of monitoring blood lead levels at least every 1-2 months or as indicated by a physician
- Assist family in scheduling an appointment for a medical evaluation for lead poisoning and an appointment for preventive health care if indicated.
- Provide health education and referrals, as indicated. Stress importance of high iron, high
  calcium, high vitamin C, low fat diet, and the importance of washing child's hands and
  toys frequently.
- Explain common sources of lead and ways to reduce exposure such as cleaning with detergent, covering chipping paint with tape or plastic and restricting child from playing in a hazardous area.
- Tell the family that an environmentalist will visit within 2 weeks to assess the residence for additional and potential sources of lead.
- Initiate a referral to the local health department (LHD) environmentalist for an environmental assessment.
- If child's blood-lead level is 20µg/dL or greater, initiate a referral to a person certified to perform lead risk assessments.

#### FOLLOW UP ASSESSMENT

- Assess family's understanding of lead poisoning.
- Determine whether appointments are being kept.
- Observe child's physical status.
- Assess child's blood lead level status.
- Assess home environment. Determine whether temporary measures are continuing.
- Determine whether permanent measures have occurred or are planned.
- Determine if interim controls may help lower child's blood lead level.

#### **FOLLOW-UP INTERVENTIONS**

A follow-up visit is indicated for children who do not return to a clinic or physician for blood lead monitoring and children with blood lead levels that remain high, increase, or do not decline over time (Appendix  $G \Leftrightarrow H$ ).

Reinforce previous health education.

- Stress importance of monitoring blood lead levels every 1-2 months for confirmed cases or as ordered by the physician
- Provide health education and referral, if indicated.
- Collect blood and/or schedule a clinic appointment, if indicated. (Coded "Screening" or "Confirmatory" sample. "Medical Follow Up" if child has been previously confirmed.)



- Reinforce previous recommendations. Provide education, as indicated.
- Stress importance that any workers performing abatement are certified in accordance with Kentucky regulation 902 KAR 48:040. Instruct that it is emphatic that pregnant women (Appendix O)\* and children be kept away from work areas until clearance testing has been performed and approved by the Kentucky Environmental Lead Program. While extensive work is being done, it is preferable to move the family out of the home.

#### Medical Assessment

Medical case management for children with elevated blood lead levels is largely based on a secondary prevention model.<sup>2</sup> Measurement of blood lead levels is the main method of determining whether significant absorption of lead has occurred, how urgently intervention is needed, and how successful case management has been. It needs to be stressed that Case Managers and PCPs not equate the absence of clinical symptoms, physical abnormalities, or abnormal laboratory results with an absence of toxicity (Appendix K). Therefore, in accordance with the Kentucky Public Health Practice Reference, it is recommended that at every preventive health visit all children 6 months up to 6 years of age are evaluated using the questions on the "Verbal Risk Assessment for Lead Poisoning" (Appendix L) to determine their exposure to and risk of lead poisoning. A blood lead test should be routinely done from 9–12 months and at 24 months of age. If a child is aged 9–72 months and has never been tested, a blood lead test should be administered. Children who are Medicaid recipients or living in high risk zip code areas are **REQUIRED** to have a blood lead test at ages 12 and 24 months of age.

The following situations may create lead exposure for a child and should be included on the child's Social History and Medical History. It is recommended <sup>1,2,6</sup> that each question below should be reviewed by the child's Primary Care Physician or Health Care Provider at each preventive health visit for all children ages 6 months up to 6 years. Documentation should be made in the child's medical record at every visit noting that (a) the assessment was done, (b) any positive responses, and (c) any action taken.

1. Does the child live in or visit a building built before 1978 with peeling/chipping paint or with recent or ongoing remodeling?

- 2. Does child have a brother/sister/playmate who has or did have lead poisoning?
- 3. Do you (or a family member) work on a farm; on a bridge, tunnel, or high construction area; with batteries, ammunition, or visit a firing range?
- 4. Do you use any folk remedies that may contain lead or use pottery or ceramic ware for cooking, eating, or drinking?

If the verbal risk assessment is negative at each visit, a blood lead test should be routinely done as prescribed above. A positive or "don't know" answer to any question on the risk assessment will warrant a blood test for lead poisoning beyond the routine periodicity schedule.

Recommendations on the *Lead Screening Flow Chart (Appendix M)* describe actions to take with regard the blood lead level. Detailed information about blood lead levels and assessment, interventions, and follow-up activities recommended for each blood lead level class can be found in the *Lead Section (Appendix A)*.

### **Environmental Assessment**

Leaded paint is the most common high-concentration source of lead for children and is typically seen in homes built prior to 1950.<sup>2</sup> Poorly maintained older homes with deteriorating paint or those undergoing renovation, whether they are the children's primary residences or secondary sites where children spend 6 hours per week or more, pose the highest risk of lead exposure.

Lead can be found in high concentration in three media to which children may be directly or indirectly exposed – deteriorated paint, interior dust, and exterior soil or dust.<sup>2</sup> While less common, lead can also be found in a child's water supply. The usual sites of deteriorating leaded paint are interior painted surfaces, particularly those subject to abrasion such as window components, and exterior surfaces like siding and porches.<sup>2</sup> Leaded dust can also be created by improperly conducted renovation and abatement.<sup>2</sup> Exterior soil is another significant source of lead and can become very contaminated from deteriorating overlying leaded paint, driplines, or lingering fall-out from previously used leaded gasoline, especially along heavily traveled roads.<sup>2</sup> Water from a municipal water supply is not usually a source for lead exposure due to the corrosion controls applied and the monitoring of heavy metals (i.e. lead) that is required during routine treatment. However, water from non-monitored sites such as wells, cisterns, ponds, barrels, etc. is a possible source for lead exposure due to its ability to dissolve lead from older pipes and solder found in pre-1978 homes or from lead found in its natural environment.

• In accordance with the Kentucky *Public Health Practice Reference*<sup>1</sup> an environmental assessment is required and should be performed by a certified risk assessor with a confirmed blood lead level of 15µg/dL or greater.. The child's residence and any other dwelling the child spends 6 hours or more per week is assessed for lead hazards within 14 working days from the risk assessment request. Environmental assessments include: Education about the following:

- o The risk assessment process
- Common routes of lead exposure
- o The nature of lead
- Appropriate interim controls to be used until the risk assessment test results are received
- Their rights and responsibilities under Title X EPA/HUD disclosure rule and
- o Answers to any questions that may arise.
- A close examination of the history of the child's exposure and the habits, hobbies and occupation of the child and family that may have lead to exposure.
- Visual Assessment of the interior and exterior of all buildings the child may come in contact with that exists on the property of the dwelling.
- Measurements of environmental lead levels in dust, deteriorated paint, exposed soil and water (from non-municipal water sources).

A report is generated by the risk assessor and sent to:

- o The local health department
- o The parent
- o The property owner
- The occupant
- o The Environmental Lead Program (ELP)
- The KHHLPPP
- Department of Housing and Urban Development (HUD), the local Kentucky Housing Authority, United States Department of Agriculture (USDA), etc. depending on if the family is receiving any assistance from these entities.

The risk assessor, KHHLPPP, ELP and owner of the home will collaborate to have all lead hazards addressed in a timely manner in accordance with Kentucky's regulations. A clearance test is required after the work is completed in order to assure the home is lead safe.

The risk assessor will contact the local health department case manager to assess the need of the EBL child every 90 days from the date of the risk assessment. If the child's blood lead level is not improving after the lead hazards have been addressed, then other lesser known sources of lead than paint are investigated further (i.e. previous addresses, the home's water supply (if not previously tested), pets, objects the child places in his/her mouth, etc.) until closure as designated by the PHPR.

### **Nutritional Assessment**

Although the effectiveness of nutritional interventions clinically has not been established<sup>2</sup> much is known about nutrition and its role in lead poisoning prevention. Children with elevated blood lead levels are often at risk for poor nutrition, and their caregivers should receive nutritional counseling to help these children obtain a well-balanced and age-appropriate diet.

The gastrointestinal tract is the primary site of lead absorption in children.<sup>5</sup> Children absorb up to 50% and adults absorb up to 10% of the lead they ingest. These differences are due mostly to gastrointestinal maturity. Approximately 68% of the lead ingested is retained in the body of a child and a positive balance occurs when the daily ingestion of lead exceeds 5 µg/kg body weight.<sup>5</sup>

Lead is better absorbed with liquids than with solids, especially when the stomach is empty. On a full stomach (adults) 6% of the lead ingested is absorbed. On an empty stomach (adults) approximately 60% - 80% is absorbed.

Deficiencies in trace minerals – calcium (Ca), iron (Fe), and zinc (Zn) – enhance lead uptake. For example, iron deficiency increases lead absorption 6-fold and there is an inverse relationship between dietary calcium intake and blood lead concentrations. In low-mineral, high-fat diets, lead absorption is increased 50-fold. Lead may also compete for absorption with other divalent cations such as cadmium, copper, magnesium, and zinc.

In some cases, dietary fiber may facilitate lead elimination. About 99% of the amount of lead taken into the body of an adult will leave in the waste within a few weeks, but only about 32% will be eliminated from a child.

Inadequate total calories and infrequent meals (both of which are more likely to be found in children from lower socioeconomic groups) increase the absorption of ingested lead.

Because children with elevated blood lead levels are at risk for poor diet, children with elevated blood lead levels should be referred to supplemental food programs that provide nutritional counseling and access to healthy foods. It should be determined whether children with elevated blood lead levels are eligible for WIC and ensure their access to this program if they are eligible.

# Education for the Caregiver

Educating caregivers is an important part of case management. Caregivers need to understand elevated blood lead levels and the risks that an EBLL poses to their child, what they can do to eliminate their child's exposure to lead, and the importance of follow-up testing and care.

Educational interventions are directed at helping caregivers reduce the exposure of children to residential and other sources of lead. While most children are exposed through the deterioration of leaded paint, they may also be exposed to lead from other sources. Some of these exposures are a consequence of cultural practices or caregiver occupations or hobbies. (See Verbal Risk Assessment for Lead Poisoning - Appendix L)

Education should be reinforced during follow up visits as needed. Health departments can furnish educational materials and pamphlets to the caregiver and health-care provider. These materials can be obtained in either English or Spanish by contacting the Kentucky CHILDHOOD LEAD POISONING PREVENTION PROGRAM, or visiting the web site at <a href="https://www.putthelidonlead.org">www.putthelidonlead.org</a>. (The Childhood Lead Poisoning Prevention Program will

also assist in having materials translated into other languages as necessary.) Several websites have materials that can be easily downloaded and printed, as well.

#### **Childhood Lead Poisoning Prevention Program Resources**

"Lead Poisoning: Are Your Children at Risk?" (pamphlet)

"Lead Poisoning: Are Your Children at Risk?" (1 page information sheet)

"Prevent Lead Poisoning Eat Healthy" (pamphlet)

"Put the Lid on Lead" (Information & Coloring Sheet)

"Lead Poisoning And Your Children" (EPA Pamphlet)

"Protect Your Family From Lead In Your Home" ((EPA pamphlet)

"Lead Paint Safety" (A field guide for painting, home maintenance, and renovation work) (CDC, HUD, EPA)

"Lead: What You Should Know to Protect Your Family" (pamphlet)

"Lead Hazards: Guidelines for Repairs" (pamphlet)

"Lead Based Paint Pre-renovation Rule" (EPA pamphlet)

"Real Estate Notification Rule: Questions & Answers" (EPA, HUD pamphlet)

"Remodeling Information Sheet" (HUD)

"Routine Cleaning as an Interim Control for Lead Dust" (pamphlet)

#### Websites

http://www.putthelidonlead.org (HHLPPP web site)

http://www.chfs.ky.govdph/lead (Cabinet for Health & Family Services)

http://www.aeclp.org (Alliance to End Childhood Lead Poisoning)

http://www.hud.gov/offices/lead (Office of Healthy Homes & Lead Hazard Control; U.S. Dept. of HUD)

http://www.leadlisting.org (Leadlisting)

http://www.leadsafehousing.org (National Center for Lead Safe Housing)

http://www.epa.gov/lead/nlic.htm (National Lead Information Center)

#### Other resources

Sesame Street Video

Collecting and Handling Blood Lead Samples-2004 Video & Compact Disk (CDC)

Volunteers Opening Doors *The Five Keys to Lead Safety* (A lead-poisoning awareness video for volunteer painting and housing-rehabilitation programs) Video & Compact Disk

Research Articles

"Lead House"

PowerPoint Presentations

Lead Story Board

In conclusion, as recommended by the CDC,¹ families of children with elevated blood lead levels of 10µg/dL or greater should be provided prompt child and caregiver appropriate individualized education about (*Appendix N*):

- Their child's blood lead level and what it means.
- Potential adverse health effects of the elevated blood lead level.
- Sources of lead exposure and suggestions on how to reduce exposure.
- Importance of wet cleaning to remove lead dust on floors, window sills, and other surfaces; the ineffectiveness of dry methods of cleaning, such as sweeping.
- Importance of good nutrition in reducing the absorption and effects of lead, with poor nutritional patterns, discuss adequate intake of calcium and iron and regular meals.
- Need for follow up blood lead testing to monitor the child's blood lead level, as appropriate (See Lead Classification Chart).
- Results of environmental inspection, if applicable.
- Hazards of improper removal of lead-based paint. Particular hazards are open-flame burning, power sanding, water blasting, methylene chloride-based stripping, and dry sanding and scraping.

#### Case closure

The ultimate objective of the case management process is to assure that both the medical treatment of the lead poisoned child is accomplished and the environmental exposure routes are addressed. There are two possible case closure options — medical closure and administrative closure.

In general, and in accordance with the Kentucky *Lead Section* guidance, **MEDICAL CASE CLOSURE** occurs when (1) a child's blood lead level is < 10µg/dL for 6 months, (2) lead hazards have been removed from the child's residence, and (3) there are no new hazards. This option also includes **ENVIRONMENTAL CASE CLOSURE** and occurs when all lead hazard reduction orders are completed and **CLEARANCE TESTING** demonstrates no new hazards. Prior to closure, however, the nurse/case manager should discuss appropriate long-term follow up with the child's caregiver and PCP. CDC case closure recommendation criteria also suggest provisions for **ADMINISTRATIVE CASE CLOSURE** if at least three documented attempts to locate or gain access to the child and caregiver have failed.<sup>2</sup>

The Case Manager has the responsibility for determining when to close the case of the child – medical or administrative – while the certified risk assessor/evaluator is responsible for determining when to close the case of the property – environmental closure. The Case Manager should collaborate with the environmentalist to ensure that the child has a lead-safe environment in which to live. In order to attain a **COMPLETE CASE CLOSURE**, both medical and environmental closures must be complete.

There may be unique circumstances associated with an individual lead case that would necessitate additional attention beyond lead closure. However, this should be determined on a case-by-case basis at the professional discretion of the Case Manager. Additional referrals to social service agencies or complimentary programs may also be considered, and may be strongly recommended, depending on the specific circumstances of the case.



# Referral Services

# Linking children and families with needed services

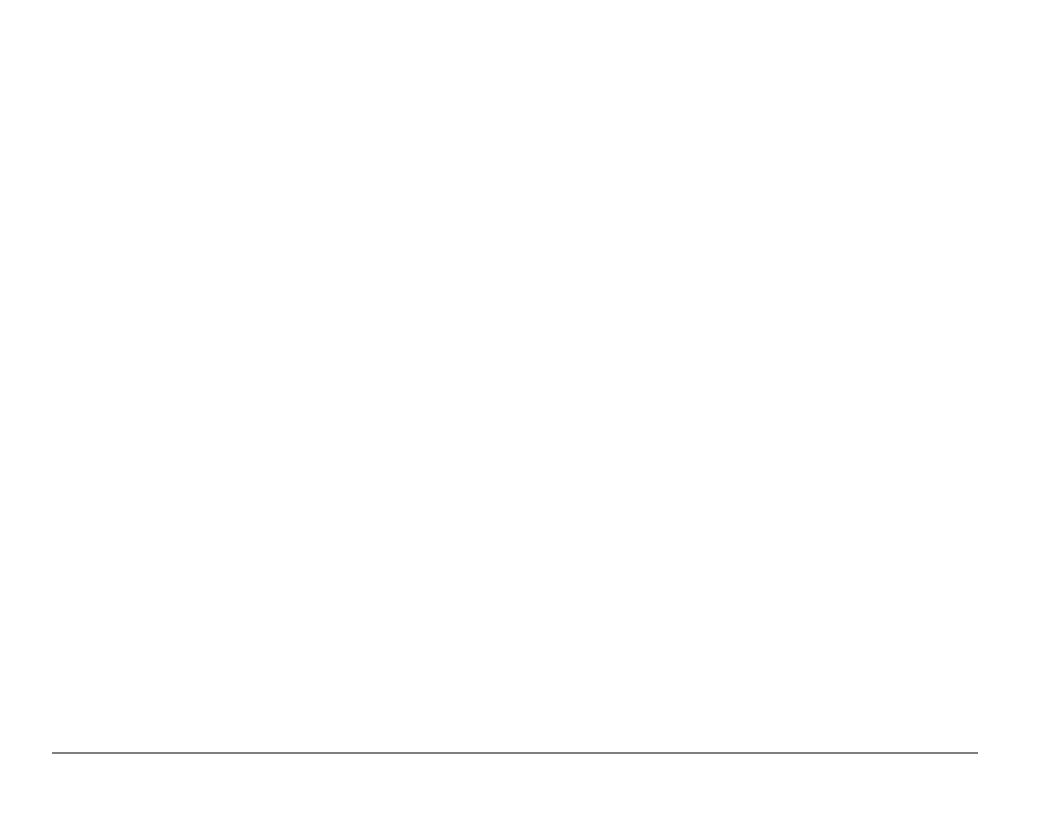
An important aspect of the Case Manager's role is making referrals. The Case Manager is responsible for placing the family of a child with an elevated blood lead level in contact with services and resources that are available in the local community or through state-run programs. These resources may be needed by families that are working to resolve lead exposure issues.

Through the Lead Management Home Visit protocol described in Chapter 3, the Case Manager has a unique opportunity to enter a home, complete an assessment (Appendix C & D), and provide assistance to the family. The Case Manager's role should not be limited to assisting with lead exposure prevention only. It may also include helping families gain access to resources for addressing other issues, coordinating efforts and ensuring that they have enough information about each child's situation. Potential referral sources should include, but not be limited to, environmental assessment, WIC, medical providers, developmental assessment, social services and other community sources.

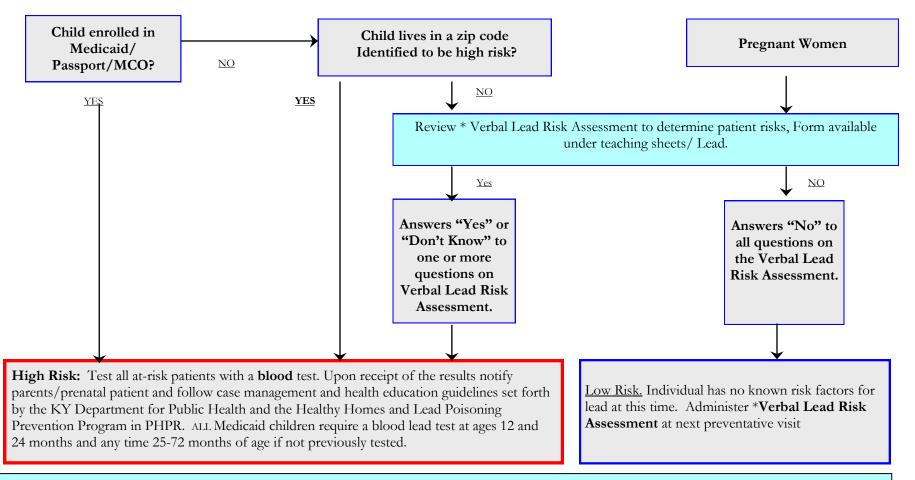
Encouraging and supporting families without making them feel guilty for their child's elevated blood lead level or making unrealistic demands on them may offer the greatest benefit to the child. When talking with the families stress and build on what the families are already doing right to encourage an increase in preventive strategies.

### References

- <sup>1</sup> Kentucky Department for Public Health. Description and Purpose of the Kentucky Public Health Practice Reference. In: Public Health Practice Reference, June 4, 2001. Commonwealth of Kentucky, Cabinet for Health Services 2001:1
- <sup>2</sup> Centers for Disease Control and Prevention. Managing Elevated Blood Lead Levels Among Young Children: Recommendations from the Advisory Committee on Childhood Lead Poisoning Prevention. Atlanta: CDC; 2002
- <sup>3</sup> Meyer PA, Pivetz T, Dignam TA, Homa DM, Schoonover J, Brody D. Surveillance for Elevated Blood Lead Levels Among Children – United States, 1997-2001. In: Surveillance Summaries, September 12, 2003. MMWR 2003;52(No. SS-10):2
- <sup>4</sup> Lanphear BP, Dietrich PA, Cox C. Cognitive Deficits Associated with Blood Lead Concentrations < 10 μg/dL in US Children and Adolescents. Public Health Reports2000; 115:521-529.</p>
- <sup>5</sup> Anderson AC, Pueschel SM, Linakis JG. Pathophysiology of Lead Poisoning. In: Lead Poisoning in Childhood (Pueschel SM, Linakis JG, Anderson AC, editors. Baltimore: Paul H. Brookes Publishing Co., 1996:75-96
- <sup>6</sup> Centers for Disease Control and Prevention. Screening Young Children for Lead Poisoning: Guidance for State and Local Public Health Officials. Atlanta: CDC, 1997:62, 86-87



### Lead Poisoning Prevention Screening Guide



\*American Academy of Pediatrics (AAP) recommends verbal lead risk assessment to be performed at ages 6, 9, 12, 18, and 24 months, and ages 3, 4, 5, and at 6 years with appropriate action to follow if blood lead level is positive. AAP recommends and Medicaid requires blood lead testing at ages 12 and 24 months.

#### SEE PRENATAL LEAD SCREENING GUIDELINES IN PRENATAL SECTION FOR PRENATAL PATIENTS

NOTE: According to the Centers for Medicare & Medicaid Services' Early and Periodic Screening, Diagnosis and Treatment (EPSDT) guidelines, all EPSDT examinations <u>must</u> include a blood lead laboratory test for children at 12 and 24 months of age and anytime under the age of 72 months if not previously tested. See PHPR Lead Guidelines on case management, health education and medical referrals.

#### GUIDELINES FOR BLOOD LEAD LEVELS (BLL) AND FOLLOW-UP

	BLOOD LEAD LEVEL	ASSESSMENT	INTERVENTIONS	FOLLOW-UP
Blood Lead	Less than 10 μg/dL 0-9.9μg/dL	Not considered lead poisoning (No amount of lead in the body is normal. Even low blood lead levels can cause adverse neurological effects such as loss of IQ points and learning disabilities. It is very important that education on ways to prevent lead poisoning begin at this level)	<ul> <li>Continue to review risk assessment questions at each preventive health visit up to 6 years of age with routine blood lead testing at 12 and 24 months on all Medicaid recipients/ and at-risk children who live in a targeted screening area or have positive risk factors.</li> <li>Complete routine blood lead testing for at-risk patients (Medicaid, Targeted Zip Code areas, and "+" or "don't know" verbal lead risk assessment responses</li> <li>Parent education pamphlets</li> <li>Refer for WIC services</li> <li>Contact State HHLPPP NCI if you have questions</li> </ul>	<ul> <li>Annual blood lead test once a positive risk factor is identified.</li> <li>Retest at next periodicity visit if risk factor changes</li> <li>Medicaid recipients or children who reside in a targeted screening area:         <ol> <li>Routine blood lead level obtained at 12 and 24 months of age.</li> <li>Blood lead level obtained on all children 25 months—6 years of age who have never been screened.</li> </ol> </li> </ul>
	10–14.9 μg/dL	Level of concern  1 <sup>st</sup> specimen at this level	<ul> <li>Parent education pamphlets</li> <li>Mail or fax monthly report to HHLPPP NCI, contact if any questions; send report form if 2<sup>nd</sup> level in the 12 weeks is &gt;10µg/dL</li> <li>Refer for WIC services         Home Visits:         <ul> <li>If 1<sup>st</sup> specimen at this level nurse or allied health professional and/or local environmentalist may make home visit and visual investigation</li> <li>*If 2<sup>nd</sup> BLL remains at this level, nurse and/or local environmentalist *must make a home visit for visual investigation within 30 days of 2<sup>nd</sup> EBLL result.</li> </ul> </li> </ul>	<ul> <li>Repeat blood lead level in 12 weeks of the initial, if BLL is still in this range repeat every 12 weeks until blood lead level is &lt; 10 μg/dl.</li> <li>Establish a tracking system that assures retesting.</li> <li>Case management.</li> </ul>

#### GUIDELINES FOR BLOOD LEAD LEVELS AND FOLLOW-UP

#### \* SEE PRENATAL LEAD SCREENING GUIDELINES IN PRENATAL SECTION FOR PRENATAL PATIENTS

BLOOD LEAD LEVEL	ASSESSMENT	INTERVENTIONS	FOLLOW-UP
30-44.9μg/dL  A VENOUS specimen is needed to confirm a diagnosis of lead poisoning at this level.	Lead Poisoning ≥15µg/dL  Venous Specimens are uncontaminated, preferred and considered confirmation  First capillary specimen at this level will need to be confirmed 2 <sup>nd</sup> Capillary is acceptable; however, special care is needed when using a 2 <sup>nd</sup> capillary specimen as a confirmation for lead poisoning  Lead Poisoning ≥15µg/dL	<ul> <li>Parent education pamphlets</li> <li>Contact state HHLPPP NCI if guidance needed</li> <li>Once Lead Poisoning is Confirmed:         <ul> <li>Refer for Medical Nutrition Therapy and WIC services.</li> <li>Refer to a primary care provider (PCP) for medical evaluation. Provide PCP with letter/information with lead specialist consult.</li> <li>Initial home visit by nurse or allied health professional within 1 week.</li> <li>Visual investigation to be made within 1 week of LHD receiving confirmed EBLL results by an RN and/ or Environmentalist.</li> <li>Refer to a *Certified Risk Assessor to perform a lead risk assessment within 2 weeks of LHD receiving confirmed EBLL results. *Contact KY HHLPPP if your HD does not have a Certified Risk Assessor</li> <li>Environmental: Lead Risk Assessment to be completed within 30 days of Risk Assessor receiving referral from LHD, 'Environmental' guidance can be found in AR</li> <li>Mail or fax report to HHLPPP NCI</li> </ul> </li> </ul>	<ol> <li>Submit confirmation (see assessment criteria) specimen within one week</li> <li>Repeat blood lead levels at 1–2 month intervals until:         <ol> <li>Blood lead level is less than 10μg/dl for 6 months</li> <li>or as s ordered by the physician</li> </ol> </li> <li>Establish a tracking system that assures retesting and case management</li> <li>For medical case closure see case closure section</li> <li>Environmental: Lead hazards have been addressed.</li> </ol> Same as above

#### GUIDELINES FOR BLOOD LEAD LEVELS AND FOLLOW-UP

#### SEE PRENATAL LEAD SCREENING GUIDELINES IN PRENATAL SECTION FOR PRENATAL PATIENTS

	BLOOD LEAD LEVEL	ASSESSMENT	INTERVENTIONS	FOLLOW-UP
Blood Lead	45–69.9 μg/dL  A VENOUS specimen is needed to confirm a diagnosis of lead poisoning at this level.	<b>Lead Poisoning BLL≥ 15</b> μg/dL	Same as listed above except refer to PCP for medical evaluation. Provide PCP with letter/information with lead specialist consult within 48 hours.	<ul> <li>Submit confirmation (see assessment criteria) specimen within 48 hours</li> <li>During and post chelation therapy, retest monthly until:</li> <li>Blood lead level is less than 10µg/dl for 6 months (capillary specimens are acceptable)</li> <li>or as s ordered by the physician</li> <li>Establish a tracking system that assures retesting and case management</li> <li>For medical case closure see case closure section</li> <li>Environmental: Lead hazards have been addressed</li> </ul>
	70μg/dL and above  A VENOUS specimen is needed to confirm a diagnosis of lead poisoning at this level.	Lead Poisoning BLL ≥ 15 μg/dL  MEDICAL EMERGENCY	Same as listed above except refer to PCP for medical evaluation. Provide PCP with letter/information with lead specialist consult within 24 hours.	<ul> <li>Submit confirmation (see assessment criteria) specimen within 24 hours</li> <li>During and post chelation therapy, retest monthly until:</li> <li>Blood lead level is less than 10μg/dl for 6 months (capillary specimens are acceptable)</li> <li>or as s ordered by the physician</li> <li>Establish a tracking system that assures retesting and case management</li> <li>For medical case closure see case closure section</li> <li>Environmental: Lead hazards have been addressed</li> </ul>

#### **Case Management:**

Environmental lead exposure continues to cause harm, particularly to young children and pregnant women. This section of the PHPR offers guidance on the provision of lead screening and follow-up services for children 6–72 months of age. Lead screening and follow-up guidelines for pregnant women are included in the Prenatal Section of the PHPR.

According to the Centers for Disease Control and Prevention (CDC), case management of children and pregnant women with elevated blood lead levels involves the coordination, provision and oversight of services required to reduce lead levels to below a level of concern. A hallmark of effective case management is ongoing communication with the caregivers and other service providers, and a cooperative approach to solving any problems that may arise during efforts to decrease a patient's elevated blood lead level, and eliminate lead hazards in the patient's environment.

**Case management** is much more than a simple referral to other service providers. There are 8 components, which should be under the purview of a registered nurse:

- Client identification and outreach
- Individual assessment and diagnosis
- Service planning and resource identification
- The linking of clients to needed services
- Service implementation and coordination
- The monitoring of service delivery
- Advocacy
- Evaluation\*

Case management should occur for every child with a 2<sup>nd</sup> blood lead level of 10ug/dL or greater and for every pregnant woman with a venous level of 5ug/dL or greater. Children and pregnant women with elevated blood lead levels become "health department patients" when their cases are brought to the attention of staff, even if they are or have been receiving direct clinical services elsewhere. They will remain a health department patient until patient case closure.

The report forms are used to coordinate communication between the LHD lead case managers and the state HHLPPP NCI in an effort to assure that all children with an EBLL receive appropriate and timely care. The KHHLPPP NCI monitors incoming lab data and compares this with identified EBLL children reports sent from the LHD. A HHLPPP Initial Report Form includes demographics including \*zip code, contact information, social security and a Medicaid number if relevant, actions/interventions marked for appropriate BLL's, dated, and initialed where appropriate, as soon as the health department case manager becomes aware of a child with a BLL of 10µg/dL or greater. \*A zip code must be included to enter the data into the system.

The KHHLPPP initial report form must be filled out for all children with a  $2^{nd}$  blood lead level of 10 -  $14\mu g/dL$  or confirmed BLL of  $15 \mu g/dL$  or greater and for every pregnant woman with a venous BLL of  $5\mu g/dL$  or greater. The original report is to be placed in the patient's chart and a copy of this form may be faxed or mailed to the KHHLPPP NCI.

After the completed Initial Report Form has been sent to KHHLPPP, updates can be entered on the *HHLPPP Monthly Report Form*. This form should be kept in in patient's chart and updated as appropriate with follow-up

BLL's and necessary interventions noted. Copies of the monthly report form will need to be faxed to the KHHLPPP NCI when new entries are made.

If the patient's BLL increases, thus changing needed interventions please send updated information with appropriate interventions noted to the KHHLPPP NCI.

#### Verbal Lead Risk Assessment

Home Repairs/Remodeling

Review each of these questions at every preventive service for all children ages 6–72 months. American Academy of Pediatric (AAP) recommends verbal lead risk assessment to be performed at ages 6, 9, 12, 18, and 24 months, and ages 3, 4, 5, and at 6 years with appropriate action to follow if blood lead level is positive. AAP recommends and Medicaid requires blood lead testing at ages 12 and 24 months

#### **Pregnant Women**

Review each of these questions at the positive pregnancy test visit or initial prenatal visit to determine if patient is at-risk.

A copy of the Verbal Lead Risk Assessment is in the Forms and Teaching Sheets/Teaching Sheets/Lead/ACH 25 section of the PHPR. The questionnaire reviews potential patient risks such as:

- 1. Does the patient live in or visit a building built before 1978 with peeling/chipping paint or undergone recent or ongoing remodeling (dust)?
- 2. Does the patient or any other members of the household (child's playmate/ brother/sister/ patient's spouse) have a history of elevated blood lead levels or who has had lead poisoning?
- 3. Does the patient or someone who visits or in the household work in an occupation known or suspected to involve lead? Common industries using lead include but are not limited to:

Auto mechanics/bodywork Plumbing Farm/Migrant Farm Work Blowing Glass Jewelry Making/Repair Furniture Refinishing Metal Sculpting Gardening Renovation Work Painting Stained Glass Painting Roads Car/Boat repair Printing Metal Work/Welding Casting Aluminum Firing Ranges Ceramic Making Firearms/Firing Range Plastics manufacturing Battery Recycling/Smelting/Recycling Radiator Repair High Construction Area Making Bullets/Sinkers/lead toys Electronic soldering

**4.** Does the patient use any folk remedies that may contain lead or use pottery or ceramic ware for cooking, eating, or drinking or participate in hobbies that may involve lead such as ceramic pottery, jewelry making, gardening or stained glass?

**IMPORTED COSMETICS:** • Middle East, India, Pakistan, Africa • Kohl, Surma, Al Koh: a powder used both as a cosmetic eye make-up and applied to skin infections and the navel of a newborn child. And can be ingested when on hands • Kajal: eye cosmetic when used can be ingested if on hands.

Bridge Repair/PaintingSmelting Metals/ Scrap yards

• Sindoor: a powder applied to face or scalp during ceremonies, mistakenly used as food

FOODS: • Middle East: • Lozeena: a bright orange powder used by Iraqis to color rice and meat• Mexico •

• Chapulines (dried grasshoppers): can be chocolate coated; grasshoppers eat chilies that are contaminated with lead from soil and area silver mine fallout

FOLK REMEDIES: • Hispanic • Azarcon aka: Ruedo, Corol, Maria Luiso, Alarcon, Ligo: used for intestinal illness. • Mexico • Greta: a yellow powder used for intestinal illness. • Dominican Republic • Litargirio: yellow peach powder used as a deodorant, foot fungicide, treatment for burns and wound healing. • Vietnam/ Hmong Community • Pay-loo-ah- a red powder given for rash or fever. • Asian/ Tibet/ India/Thailand • Ayurvedic

medicine, Tibetan Herbal Vitamin China Jin Bu Huan: used to relieve pain, Po Ying Tan: used to treat minor ailments in children, Ba-Baw-San. India Ghasard: a brown powder given as an aid to digestion. Thailand Daw Tway is a digestive aid used in Thailand and Myanmar (Burma). Iran Bint Al Zahab: Rock ground into a powder and mixed with honey and butter given to newborn babies for colic and early passage of meconium after birth. Saudi Arabia Traditional Saudi Medicine: Orange powder prescribed by a traditional medicine practitioner for teething; also has an antidiarrheal effect, Santrinj: An amorphous red powder containing 98% lead oxide used principally as a primer for paint for metallic surfaces, but also as a home remedy for "gum boils" and "teething." Bint Dahab: A yellow lead oxide used by local jewelers and as a home remedy, Kuwait Bokhoor: A traditional practice of burning wood and lead sulphide to produce pleasant fumes to calm infants. Other: Bala Goli: a round, flat, black bean dissolved in 'gripe water' and used for stomach ache. Kandu: a red powder used to treat stomach ache.

5. Does the patient live near a busy road/ highway? Soil around your home could be contaminated by the leaded gasoline fallout, on your soil or in water (cisterns/wells) for many years following contamination and can get on your child's hands. Lead can also be absorbed in fast growing plants such as Kale, spinach, and other garden vegetables from the soil and then consumed by animals and humans and can lead to increase in blood lead levels.

Document in the medical record at every visit that the assessment was completed, any positive response(s) and action(s) taken:

- If the verbal risk assessment is negative at each visit, a blood lead level test should be routinely done for all Medicaid children and children who reside in a \*\*targeted zip code area at 12 and 24 months of age.
- A "Yes" or "don't know" answer to any question on the risk assessment will warrant a blood test for lead poisoning at that time, regardless of the child's payer source or zip code area.
- Any child with a positive risk factor should be tested at least annually, until 72 months of age, as long as any risk factor exists.

A "Yes" or "don't know" answer to any question on the risk assessment will warrant a blood test for lead poisoning or a referral to the PCP. See also the Prenatal section of the PHPR for Lead Screening Guidelines and Follow Up.

Document in the medical record at the initial prenatal visit and anytime that the assessment was done, any positive response(s), and action taken according to the class chart guidelines located in the Prenatal section of the PHPR.

For prenatal lead exposure, case closure ends for the pregnant woman at delivery of the infant. If the BLL is >25 ug/dL, follow-up will be with the patients PCP. The newborn will need to be tested at delivery. A cord blood sample is to be used for testing at the time of delivery. Protocols for case management will be initiated for newborns with BLL's  $\geq 10 \text{ug/dL}$ .

#### BLOODLEAD TESTING

All children and pregnant women regardless of payer source must have a blood test if they have a "Yes" or "don't know" answer to any question on the risk assessment. For Medicaid enrolled pregnant women, Medicaid will pay for a blood lead screening, all others will need to pay per sliding fee scale or private insurance.

All children who receive Medicaid benefits or reside in a \*\*targeted zip code area must have a blood lead test at 12 and 24 months of age.

All children between 25 and 72 months of age who receive Medicaid benefits or reside in a targeted zip code area must be provided a blood lead test when they present to the health department if they have not previously received a documented blood lead test.

\*See Blood Specimen Collection Guidelines in the Lead Section and also the Lab Section

#### COMPLETION OF LABORATORY SUBMISSION FORMS

#### A. SCREENING

This should be checked for the:

- initial capillary sample; first venous sample
- venous samples should <u>always</u> be taken on pregnant women
- re-screenings of children with levels equal to or greater than 10ug/dL
- and any screening test being repeated due to clot, insufficient quantity, or any other reason the sample could not be analyzed.

#### B. **CONFIRMATORY**

This should be checked for:

- the *second capillary* sample when the first capillary sample was equal to or greater than 15 micrograms per deciliter (lead poisoning).
- venous samples submitted as confirmatory samples after a first capillary sample was equal to or greater than 15 micrograms per deciliter and
- confirmatory tests being repeated due to clot, insufficient quantity, or any other reason the sample could not be analyzed.

#### C. MEDICAL FOLLOW-UP

This should be checked for:

- follow-up tests of ALL children who have been previously confirmed to be lead poisoned and
- medical follow-up tests being repeated due to clot, insufficient quantity, or any other reason the sample could not be analyzed.

**NOTE**: If a venipuncture is done as an initial screening and the results are greater than or equal to 15 micrograms per deciliter, this is to be considered a confirmed case of lead poisoning. Follow the recommended actions for levels greater than or equal to 15ug/dL as indicated in the "Protocol for Blood Lead Levels and Follow-Up."

**NOTE**: See Administrative Reference for payment procedures.

Home Visits And Environmental Management For Patients With Elevated Blood Lead Levels

According to KRS 211.905, an inspection of the property where an EBLL child routinely spends more than six (6) hours per week should be completed to determine the existence of lead-based hazards.

Priority should be given to the child's primary place of residence. The environmental investigations may include the visual as well as the comprehensive lead risk assessment to determine the existence of lead based hazards.

Environmental Management through home visits is one component of an on-going process related to the elimination of lead poisoning as a public health problem. Home visits and visual investigations help to:

- Identify areas in the home that could potentially be a source for lead exposure;
- Provide suggestions and educational materials to the family in an effort to make the home lead-safe;
- Reduce the patient's current BLL to less than 10μg/dL by reducing or eliminating the amount of lead exposure;
- Assure that patient's with BLL's 10µg/dL and greater receive timely and appropriate care.

Collaboration of the environmentalist and the lead case manager assures appropriate and timely environmental home visits and investigations for patients who are identified with EBLL's. Interventions during investigations include:

- Informing the patient/parent/guardian/care giver of child's blood lead level; review level of understanding; monitoring of blood lead levels,
- Reviewing what lead poisoning is and common sources of lead, provide educational materials;
- Reviewing health education and preventive lead poisoning strategies, provide suggestions in an effort to make home lead safe and to reduce the amount of lead exposure;
- Reviewing lead poisoning prevention diet,
- Reviewing patient's physical status, including behavior problems/changes, nutritional status and specific habits such as placing fingers in mouth or eating dirt or paint chips;
- Establishing who is providing patients primary and acute health care;
- Visualize the patient's home environment and child play areas to identify potential sources of lead; is the home pre-1978 and have chipping, peeling paint or dust throughout home and discuss emergency measures to reduce the patient's lead hazard exposure;
- Assure the well-being of the child by referring to appropriate agencies; services may include social services for emergency or temporary housing agencies.

Home visits by a nurse or allied health professional as defined in the Home Visiting Section of the PHPR, are to be conducted for all children referred into or already receiving services in a health department clinic with a second blood lead level remaining at 10–14µg/dL or a confirmed blood lead level of 15µg/dL micrograms per deciliter or above and for pregnant women with a BLL of 10µg/dL or greater.

Upon receipt of *elevated blood lead level* (EBLL) results, the lead case manager is responsible for referrals to the environmentalist or risk assessor for appropriate environmental investigations. For children identified as having BLL's of:

- 2<sup>nd</sup> BLL of 10µg/dL or greater, a home visit and **visual investigation** are to be completed at the children and pregnant women's primary residence to identify potential sources of lead.
- *Confirmed* BLL of 15µg/dL or greater (lead poisoning), in addition to the home visit/visual investigation, a **lead risk assessment** must be completed by a certified risk assessor.

• The environmentalist is responsible for assuring priority is given to those cases with the highest blood lead levels.

# If your health department or district does not employ a certified risk assessor, please contact the KHHLPPP• 502-564-2154•275 East Main Street •Frankfort • KY •40621

• If a lead poisoned child is referred to the health department and no environmental risk assessment has been completed on their current home, referrals for a lead risk assessment may need to be completed for those patients living in at-risk conditions.

#### **Investigation of the Primary Address:**

The initial home visit should be initiated by the LHD lead case manager or home visiting nurse following time frames listed below (See Table 1). The visual investigation is generally completed by the environmentalist. The visual investigation can also be completed at the time of a home visit by a trained home visiting RN. Investigations should be conducted within the appropriate timeframes according to CDC's recommendations. (See Table 1) However, KHHLPPP recommends timeframe of two (2) weeks for BLL's 10-14ug/dL to visualize potential sources

of lead and to review preventive education with the parent/guardian/.care giver and to prevent further elevation of the BLL.

Table 1: Home Visit and Visual Investigation

Blood Lead Level	Time Frame for Assessment
2 <sup>nd</sup> BLL 10-14ug/dL	4 weeks of 2nd BLL in this range
15-19.9 μg/dL	2 weeks; refer for comprehensive lead risk assessment
20-44.9 μg/dL	1 weeks; refer for comprehensive lead risk assessment
45-69.9 μg/dL	48 hours; refer for comprehensive lead risk assessment
≥70 μg/dL	24 hours; refer for comprehensive lead risk assessment

At the time of the assessment, preventive education should be reviewed with the parents/guardians/care giver. **Preventive education** includes discussing the child's potential source of lead-based hazards and how to prevent further exposure to those sources, increase child's hand washing with soap and water, house cleaning techniques such as damp dusting, wet mopping, and daily vacuuming of the home. Temporary measures to reduce further exposure are not required within a specific timeframe, however it is recommended to keep the child away from the potential sources. If the child's BLL should increase to lead poisoning (BLL >15ug/dL), it is required per KRS 211.905 to correct any identified lead hazards within sixty (60) days. Temporary measures may include but are not limited to:

- Blocking child from potential hazardous area with a barrier, (i.e. door, child gate);
- Using furniture to block child's access to the hazard (i.e. furniture in front of a chipping window sill);
- Use of duct or masking tape and plastic or cardboard to cover an area of chipping/peeling surface until permanent work can be conducted;
- Daily damp dust, wet mop and vacuum with a hepa vac especially in the child's play area;
- Wipe child's toys clean, keep toys in clean dry tote, and placing tote in clean play area and limiting the child's play to this area; (especially if child is crawling and/or in hand-to-mouth exploration stage);
- Keep child's hands washed with soap and water, (germ gel does not remove lead), wash hands before snacks and meals and before any nap or bedtime (especially if child is crawling and/or in hand-tomouth exploration stage);
- Exploring the possibility to relocate child(ren) and pregnant women from the home while renovation/remediation work is in progress.

A thorough visual investigation of the child's home identifies possible sources of lead. The investigation should visualize both the interior and exterior environment of the child with attention given to child accessible painted surfaces, dust and soil. Other potential sources of lead should be considered during the assessment i.e., water, family occupation, hobbies, etc.

If the BLL remains elevated or at a level of lead poisoning and is not decreasing in 8-12 weeks, an environmental investigation may need to be conducted at another property where the child routinely spends more than six (6) hours a week.

The home visit/visual investigation form should include any pertinent information from the child's parent/guardian/care giver that is not already supplied on the referral form. This should include the following:

- How long the child has lived at this address
- Supplemental address information
- Number and names of children that live or visit here
- Owners name, address and phone number
- Child's play areas, sleep areas, habits
- Parents occupations, hobbies, other possible sources.

#### **Lead Risk Assessments**

For children identified with *confirmed* lead poisoning, a BLL ≥15µg/dL, a lead risk assessment is required according to KRS 211.905 (1). Comprehensive Lead Risk Assessments referrals are made by the LHD **case** manager and should be conducted by a certified risk assessor within the appropriate time frames per CDC's recommendations. (See Table 2)

Table 2: Comprehensive Lead Risk Assessment

Blood Lead Level	Time Frame	Type of Assessment
	for Assessment	
≥70 μg/dL	Within 24 hours	Comprehensive Lead Risk Assessment
45-69.9μg/dL	Within 48 hours	Comprehensive Lead Risk Assessment
20-44.9 μg/dL	Within 1 weeks	Comprehensive Lead Risk Assessment
15-19.9 μg/dL	Within 2 weeks	Comprehensive Lead Risk Assessment
Persistent BLL at10-	Within 4 weeks	Comprehensive Lead Risk Assessment
14ug/dL		

The lead risk assessment report can take up to 30-90 days to process and receive.

#### Follow-Up Home Visits

Follow-up home visits also assure measures for lead poisoning prevention are continuing. Follow-up home visits are also indicated when:

- a. Child fails to return for blood lead monitoring
- b. blood lead levels remain elevated
- c. blood lead levels are increasing
- d. at any other time the case manager feels a home visit would be beneficial

Assessment	Interventions
Family's verbal understanding of lead poisoning, and prevention	Reinforce previous health education

Assess barriers to patients ability to keeping appointments, refer as appropriate	Stress importance of monitoring blood lead levels every 1–2 months or as ordered by the physician for confirmed lead poisoning cases and every 3 months for 10–14 micrograms per deciliter.
Patient's physical status.	Provide health education and referral, if indicated.
Patients blood lead level status.  Home environment: determine whether temporary measures are continuing.	Collect blood and/or schedule a clinic appointment, if indicated. (Coded "Screening" or "Confirmatory" sample. "Medical Follow-up" if child has been confirmed.)  Reinforce previous recommendations.  Provide education, as indicated.
Determine whether permanent measures have occurred/are planned.	Stress importance of workers using safety precautions and appropriate clean-up procedures during abatement. Encourage pregnant women and children to be kept away from work areas. While extensive work is being done, it is preferable to move the family out of the home.

#### **CASE CLOSURE**

Case closure is determined according to the initial blood lead level and can be closed as follows:

BLL 10-14.9  $\mu$ g/dL – Case closure is when BLL is less than 10 $\mu$ g/dL, repeat BLL as indicated.

BLL 15μg/dL and greater— Case closure is when BLL is less than 10μg/dL for at least 6 months; environmental hazards have been addressed; and there are no new environmental hazards.

When a child is closed to follow-up, according to PHPR guidelines, the date and reason for case closure, and any actions/interventions or comments should be recorded on the case management report in area provided.

A case may also be designated as *administrative closure* if all directives, as enumerated in the "Follow-up/Internal Tracking/Referral" section of the PHPR, have been completed. The case manager must follow all procedures for closure in a 'lost to follow up' case closure.nal (If a case has been closed and at a later date is reopened, send a new Initial Report Form with initial BLL and updated information. Please do not continue on old file and write reopened.)

For prenatal lead exposure, case closure ends for the pregnant woman at delivery of the infant. If the BLL is  $>25\mu g/dL$ , follow-up will be with the patients PCP. The newborn will need to be tested at delivery. A cord blood sample is to be used for testing at the time of delivery. Protocols for case management will be initiated for newborns with BLL's  $\geq 10\mu g/dL$ .

A case may also be designated as *administrative closure* if all directives, as enumerated in the "Follow-up/Internal Tracking/Referral" section of the PHPR, have been completed. The case manager must follow all procedures for closure in a 'lost to follow up' case closure.nal (If a case has been closed and at a later date is reopened, send a new Initial Report Form with initial BLL and updated information. Please do not continue on old file and write reopened.)

Forms available @ <a href="http://chfs.ky.gov/dph/info/dpqi/PHPR.htm">http://chfs.ky.gov/dph/info/dpqi/PHPR.htm</a>. and then go to Forms and Teaching Sheets and in this section go to Lead/ Report and Home Visit Forms/Onsite Visual Investigation Form.

The home visit, follow-up home visit and visual evaluation forms, when completed, should be filed at the county local health department in the patient's chart and a copy will be mailed or faxed to the state HHLPPP NCI

Mail to: Healthy Homes and Lead Poisoning Prevention Program

Division for Maternal and Child Health

275 East Main Street, HS2GWA

Frankfort, Kentucky 40621

Or Fax to: (502) 564- 5766

#### **Resources:**

"Lead Poisoning: Are Your Children at Risk?"

"Lead Poisoning and Your Children"

"Protect Your Children from Lead in Your Home"

"Fight Lead Poisoning with a Healthy Diet"

"Lead Paint Safety"

"Preventing Lead Exposure in Young Children" www.epa.gov/lead

www.cdc.gov/niosh www.putthelidonlead.org

"Prevent Lead Poisoning, Eat Healthy"

#### Manuals:

1. Screening Young Children for Lead Poisoning: Guidance for State and Local Public Health Officials. (CDC, 1997)

2. Managing Elevated Blood Lead Levels Among Young Children: Recommendations from the Advisory Committee on Childhood Lead Poisoning Prevention. (CDC, 2002)

#### BLOOD LEAD SPECIMEN COLLECTION GUIDELINES

When collecting blood lead specimens, please refer to the laboratory used by your local health department and follow their correct collection guidelines.

CDC Guidelines for collecting and handling blood lead samples: <a href="http://www.cdc.gov/nceh/lead/training/blood lead samples.htm">http://www.cdc.gov/nceh/lead/training/blood lead samples.htm</a>.

Medtox website for Guideline for collecting and handling blood lead samples video: <a href="www.Medtox.com">www.Medtox.com</a>, go to Medical testing, go to Filter paper testing, go to view collection video.

#### Attention: Steps performed before, during, and after collection are of paramount importance.

- Lead is everywhere in the environment. Therefore, great care must be taken to remove lead from the hands of the patient and collector prior to collection. It will also prevent contamination of your collection site and work environment. Prepare your worksite in a sterile fashion prior to washing patients and your own hands for the specimen blood draw.
- It is recommended for screening children who are younger than one (1) year of age to use the heel of the infant as a puncture site. Guidelines for this procedure can be found at the National Committee on Clinical Laboratory Standards.

NOTE: The finger stick collection <u>technique</u> is more prone to environmental contamination than the venous and will affect specimen results. Special precautions are needed to prevent contamination.

CDC recommends confirmation on all lead poisoned results with a venous specimen.

Contamination errors are common in trace metal analysis, so precautions must be taken to eliminate or reduce them. Lead can be picked up by accident from work surfaces, from printed materials or from the hands of the collector. It can also come from the hands and the clothes of the child you are screening. The key to effective lead screening is to collect specimens that have not been contaminated.

To reduce the odds of contaminating your sample:

- Take special care when preparing your test area and supplies, use sterile fashion.
- As much as possible, use only supplies that have been certified as lead free.
- Label the liquid soap bottle that will be used for lead testing, "Use for Lead Testing Only".
- Handle all equipment with powder-free gloves. Powdered gloves may contaminate your sample.
- Keep all screening supplies—which include your lancet, gauze pads, band aids, tissues, alcohol pads, and micro-collection vials—in a clean plastic box with a snap lid for storage.
- When using bulk-packaged micro-collection vials, carefully pour the vials into a re-sealable plastic bag and close to store. Individually packaged kits or a full box of micro-collection vials can be stored as they are. All micro-collection containers from open packages should be stored in a covered plastic container.
- There are many types of micro-collection vials you can use to collect samples, but all must be prescreened or **certified as lead-free**.
- For Capillary tubes, most vials contain 200 to 300 micrograms per deciliter of blood, EDTA or Heparin tubes are required.
- For Capillary Scoop micro-collection vials, these should be used with extreme caution because they have a high potential for contributing to lead and tissue contamination.
- Choose a lancet with the appropriate depth to collect the proper amount of blood for the microcollection vial you are using. Also, use retractable lancets that cannot be used more than once to avoid sticking a child unnecessarily

Practice universal precautions and wear protective equipment.

#### Specimen Collection Technique

Preparing the Collection Area:

Before you begin, fill out your laboratory request form completely and write the child's name on the vial label or front of filter paper collection Card by applying bar-coded sticker from requisition into box on card, or writing name and patient ID number on card. **NOTE: Information must match** the requisition and cards without label or identifying information will **NOT** be tested.

- Information required for lab reporting and should be placed on lab requisitions include: First Name, Last Name, Middle Initial, Date of Birth, Patient address, City, State, Zip code, Social Security #/ Medicaid/Passport #, Child/Prenatal/Adult, and collection date.
- Prepare your collection area with a clean, disposable pad in a sterile fashion as to keep area contamination free and always have the following on hand:
  - o Two gauze pads
  - o Two alcohol pads
  - o A self sheathing lancet
  - o A micro collection vial or filter paper
  - o Specimen identification label

- o Liquid soap
- o Bandages
- o Biohazard bag
- o Accessible sharps container

It's important that the technician/ nurse responsible for obtaining the blood sample is familiar with the techniques for obtaining a high quality blood lead sample, see CDC video at http://www.cdc.gov/nceh/lead/training/blood lead samples.htm

#### Capillary/Finger Stick Technique

- 1. The nurse should help the child **thoroughly** wash their hands (or foot) with soap and water, as the collector is also washing their hands, paying special attention to the fingertips and under the finger nails and on nail beds, (absolutely do not use gel type sanitizers). If the child will not let the nurse wash their hands, the parents should thoroughly wash their own hands and then the child's hands, again paying attention to area of the nails.
- 2. Rinse hands thoroughly.
- 3. Since recycled and colored towels may have traces of lead, it's best to let hands air dry or use white, lead free towels.
- 4. To avoid contamination do not let the child's fingers touch any surface, you may need to hold the child's hand in a gauze or paper towel until you get to your work area.
- 5. Although you can draw a sample from any finger, we suggest working with the ring finger. The ring finger is less calloused and somewhat less sensitive. Plus, it's easy to palpitate above the puncture to produce and increase blood flow.
- 6. Massaging the child's hand and the lower part of the finger before you make your puncture will calm the child and stimulate blood flow.
- 7. Clean the finger that you will puncture with an alcohol pad. If you see dirt on the pad, use a new alcohol pad until clean.
- 8. Allow finger to air dry or wipe dry with sterile gauze. NOTE: If alcohol remains on the finger, it will prevent the blood from forming a well-rounded drop and will contaminate the sample. Wiping will also prevent alcohol from getting into the cut and stinging. Remember to keep the finger isolated from the rest of the hand.
- 9. When you are ready for blood collection, hold the child's finger in a downward position.
- 10. Use the appropriate blade and lance the palm side of the finger. Do not lance the side or the tip.
  - a. Correct finger stick Puncture across grooves of fingerprint; a round drop of blood will form
  - b. **Incorrect finger stick:** Puncture parallel to grooves of fingerprint; blood runs down finger; will not form into a drop.

This enables the blood to form as a drop on the fingertip. If the puncture is parallel to the lines of the fingerprint, the blood will not form as a drop but will run down the finger making correct collection impossible.

- 11. Promptly blot the first drop of blood on a gauze pad and discard in the appropriate container. The first drop of blood is likely to contain excessive tissue fluid that can alter test results.
- 12. To collect a droplet of blood, keep the child's finger in a downward position and gently massage it to maintain blood flow. If blood flow is inadequate, gently massage the child's

finger to stimulate more flow, but don't squeeze the finger because tissue fluid may dilute the sample. Avoid strong, repetitive pressure and do not scrape the finger during collection.

### Capillary Tubes/Vial Collection

- Hold the micro-collection tube at a 10 degree angle below the collection line. Touch the tapered end of the tube into the droplet of blood and not directly on the skin. Capillary action will cause the blood to fill the tube. As the blood starts entering the capillary tube, be careful not to allow air bubbles to enter. You will need to collect your sample within **two minutes** to avoid clotting.
- Also avoid collecting smeared blood or blood that has run into the cuticle or nail area.
- Depending on the micro-collection vial you use, the amount of blood you collect will vary. **Fill tube to the appropriate line** in order to have both the correct anticoagulant-to-blood ratio and to supply a sufficient amount of blood to the lab for testing.
- **Seal** the micro-collection vial and gently **invert the container 7 to 10 times** to prevent clot formation. Clots can render the specimen unsuitable for testing.
- Carefully place the child's identification label on the micro-collection vial vertically. If the label is not fixed vertically, the laboratory will not be able to read it.

#### Filter Paper Collection

Lead testing requires that a SINGLE large drop of blood FREELY falls and is absorbed uniformly by the filter paper. Do not scrape, smear, smudge, wipe or touch finger or blood to the filter paper, these specimens will be rejected.

### Collect at least two large, separate blood drops that:

- Evenly saturate the filter paper, i.e., the spot will appear the same on front and back of the paper (see examples, p. 2 on Medtox Guideline examples). Evaluate the sample collection. Examine the back side of the filter paper to ensure that the blood has soaked evenly through to the paper. If NOT acceptable, repeat finger stick and recollect sample on a new sample card.
- Are about the size of the black circles (½ inch diameter). NOTE: Blood spots do NOT have to be within the black circles but must be large enough for testing (2 spots with minimum 3/8 inch diameter). If drops are free falling, the drop will be large enough to read, do not touch blood or finger to paper.
- NEVER put a 2nd drop of blood on top of a spot of blood already on the paper (i.e., multiple drops), which makes the collection unacceptable for testing and will be cancelled as a smear, non-homogeneous, or unsuitable (see examples, p. 2 on Medtox examples).
- If a **hemoglobin test** is also requested, a 3rd <u>acceptable</u> free falling blood spot is required. A "HGB" circle is provided as a guide on the white Pediatric Lead/Hemoglobin blood sample card, however can be anywhere in the collection area as long as it does not overlap another blood drop.
- Dry collection Card: Allow the opened collection Card to air dry for at least 2 5 minutes.

- Place the dry card into a plastic bag and seal. NOTE: Samples received wet **CANNOT** be tested—occurs when cards are immediately placed into plastic bag or when filter paper is saturated with too much blood. Please let these cards dry.
- 13. Ship specimen promptly per protocol of the laboratory.

When	the	child's	blood	level	results	are	received	from	the	laboratory,	consult	PHPR	Lead	section
for in	terve	ntion g	guidelin	es aco	cording	to b	olood lead	d resul	ts.					

#### **Targeted Zip Codes**

Adair	Breckinridge	Edmonson	Graves	Henry
42715	40170	42275	42040	40007
42742		42285	42061	40058
42761	Calloway			
	42076	Elliott	Grayson	Hopkins
Allen		41171	42762	42408
42153	Campbell			42410
	41071	Estill	Green	
Ballard	41073	40336	42743	Jackson
42060	41074	40472		40447
	41085		Greenup	40486
Barren		Fayette	41174	
42160	Carlisle	40508		Jefferson
	42021		Hardin	40202
Bath	42023	Fleming	40155	40203
40374		41049	40177	40204
	Carter	-		40205
Bell	41146	Floyd	Harlan	40206
40845	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	41605	40801	40208
40902	Casey	41606	40807	40209
40958	42528	41607	40810	40210
40977	42539	41612	40815	40211
40988	1200	41615	40819	40212
	Christian	41619	40820	40213
Bourbon	42266	41630	40823	40215
40348	42254	41635	40828	40217
40361	.==5 :	41636	40830	10227
10301	Clay	41640	40831	Johnson
Boyd	40914	41649	40843	41216
41101	40941	41650	40854	41219
.1101	40972	41651	40855	41222
Bracken	40983	41653	40863	41228
41002	10303	41660	40870	41238
41004	Clinton	41666	40873	41240
41004	42602	41669	40073	41254
Breathitt	42002	41005	Hart	41255
41317	Crittenden	Fulton	42722	41257
41317	42064	42041	42729	41260
41385	72004	42041	42749	41263
41303	Cumberland	42030	44/43	41265
	42759	Garrard	Hickman	41268
Kenton	42/39	40461	42031	41208

41011	Lee	Magoffin	Muhlenberg	Pike
41014	41311	41426	42374	41514
41015	41397	41464	42321	41524
41016		41465	42332	41543
	Letcher	41632	42339	41546
Knott	40826			41549
41740	40862	Martin	Ohio	41553
41822	41537	41203	42333	41555
41843	41819	41224	42338	41563
41844	41825	41250	42343	41564
41759	41826	41262	42369	41567
41772	41833	41267		41569
41817	41835		Owen	
41834	41855	Mason	40355	Todd
41839	41810	41055	10000	42204
41859	41840	41056	Owsley	
	41845		41314	Warren
Knox	41849	Meade	41364	42170
40734	.10.10	40104	41386	.==76
40771	Lewis	40176	12500	Wayne
40903	41135	10170	Pulaski	42633
40906	41170	Menifee	42501	42632
40935	41179	40322	42544	
40953	12273	40346	42553	Webster
40982	Lincoln	40387	12333	42450
40995	40448	10307	Wayne	42463
40997	10110	Mercer	42633	42403
10337	Livingston	40310	42632	12 103
Lawrence	42047	40310	42032	Whitley
41124	42047	Metcalf	Perry	40759
41159	Logan	42129	41367	40763
41230	42265	42154	41701	40769
71230	42203	72154	41712	40703
Leslie	McCreary	Monroe	41723	Wolfe
40827	42647	42167	41778	41301
40827	42653	42157	41735	41332
40838 40874	42638	42140	41751	41365
41714	42030	Morgan	41773	41303
41714 41730	McLean	41408	41//3	
41762	42371	41421	Robertson	
41702 41775	423/1	41425	41064	
41775 41776	Marion	41423	41004	
41//0	40009	Nelson	Powan	
	40009	INGISOTI	Rowan	

### Appendix B: Lead Management Home Visit

### LEAD MANAGEMENT HOME VISITS

An initial home visit by a nurse is required for all children receiving services in a health department clinic with a second blood lead level remaining at 15µg/dl or a confirmed blood lead levels of 20µg/dL or above. An environmental inspector must also visit the child's home, with the nurse if possible, to conduct an environmental assessment to identify sources of lead exposure. Follow-up home visits may additionally be made, at the discretion of the nurse or environmentalist, to monitor the blood lead status of the child and/or to evaluate the home.

#### **Environmental home assessments:**

- The health department nurse is responsible for referring all children receiving services in a health department clinic with a confirmed blood lead level of 20 µg/dL or above to a person certified to perform a risk assessment.
- A private provider or the parent or guardian may refer children receiving services in the private sector.
- The health department is also responsible for conducting an environmental assessment for children with a confirmed blood lead level of  $20 \,\mu\text{g}/\text{dL}$  or above, when referred to the health department by a private provider or the parent or guardian.

The home visit by the nurse and the environmental assessment should occur according to the timeframe specified below. Consult the Home Visitation Form in the Forms Section.

NEED	ASSESSMENT	INTERVENTION FOLLOW-UP
Initial home visit:	Family's awareness of the child being lead poisoned and level of	Inform family of the child's lead status, what lead poisoning is, the effect of lead, and the importance of
• 70 μg/dL and above within	understanding.	monitoring blood lead levels at least every 1–2 months or as indicated by physician.
24 hours.	Who is providing primary and acute health care?	Assist family in scheduling an appointment for a medical evaluation for lead poisoning and an appointment for
• 45–69 μg/dL within 48 hours.	Child's physical status, including behavior problems/changes,	preventive health care if indicated.
• 20–44 μg/dL within 1 week.	nutritional status and specific habits such as placing fingers in mouth or eating dirt or paint chips.	Provide health education and referrals, as indicated. Stress importance of high iron, high calcium, low fat diet, and the importance of washing child's hands and toys frequently.
2 specimens at a level of 15–19 μg/dL (make home visit and refer to environmentalist)	Home environment: determine whether dwelling was built prior to 1978, the general condition of the house/apartment and the level of	Explain common sources of lead and ways to immediately reduce exposure such as cleaning with detergent, covering chipping paint with tape or plastic, and restricting child from playing in a hazardous area.
The initial home visit (home visit other than evaluation and management visit) usually lasts 31 or more minutes.	housekeeping/cleanliness.	If an environmentalist is initially unavailable for a visit, tell the family that one should soon come to assess the house for additional potential sources of lead. (A person certified to perform lead risk assessments must make visits in homes with children having blood lead levels of $\geq 20~\mu \mathrm{g/dL})$

### LEAD MANAGEMENT HOME VISIT

(continued)

NEED	ASSESSMENT	INTERVENTION FOLLOW-UP
Follow-up Visit	Family's understanding of lead	Reinforce previous health education.
	poisoning.	
(indicated for children		Stress importance of monitoring blood lead levels every
not returning to clinic	Whether appointments are being	1–2 months or as ordered by the physician (for
for blood lead	kept.	confirmed cases, 3–4 months for others 10–19 µg/dL).
monitoring, and		
children with blood lead	Child's physical status.	Provide health education and referral, if indicated.
levels which remain		
high, increase or do not	Child's blood lead level status.	Collect blood and/or schedule a clinic appointment, if
decline over time)		indicated. (Coded "Screening" or "Confirmatory"
	Home environment: determine	sample. "Medical Follow-up" if child has been
The follow-up	whether temporary measures are	confirmed.)
visit (other	continuing.	
t h a n		Reinforce previous recommendations.
evaluation	Determine whether permanent	Provide education, as indicated.
a n d	measures have occurred/are	
management	planned.	Stress importance of workers using safety precautions
visit) usually		and appropriate clean-up procedures during abatement.
1 a s t s 1 6 – 3 0	Determine if interim controls	Encourage pregnant women and children to be kept
minutes.	may help lower child's lead level.	away from work areas. While extensive work is being
		done, it is preferable to move the family out of the
		home.

#### **Resources:**

www.epa.gov/lead

#### **Manuals:**

- 1. Screening Young Children for Lead Poisoning: Guidance for State and Local Public Health Officials. (CDC, 1997)
- 2. Managing Elevated Blood Lead Levels Among Young Children: Recommendations from the Advisory Committee on Childhood Lead Poisoning Prevention. (CDC, 2002)

<sup>&</sup>quot;Lead Poisoning and Your Children"

<sup>&</sup>quot;Protect Your Children from Lead in Your Home"

<sup>&</sup>quot;Fight Lead Poisoning with a Health Diet"

www.cdc.gov/niosh

<sup>&</sup>quot;Lead Paint Safety"

<sup>&</sup>quot;Preventing Lead Exposure in Young Children" www.putthelidonlead.org
"Lead Poisoning: Are Your Children at Risk?"

<sup>&</sup>quot;Prevent Lead Poisoning Eat Healthy"

### Appendix C: Initial Home Visit Procedure

## Lead Case Management Home Visit Form (Initial Home Visit)

#### Purpose:

To identify areas in the home that could potentially be a source for lead exposure.

To provide suggestions and educational materials to the family in an effort to make the home lead safe

To reduce the child's current blood lead level to less than 10µg/dL by reducing or eliminating the amount of lead exposure

To assure that all children in the state of Kentucky with a blood lead level of 15µg/dL or above receive timely and appropriate care.

#### Procedure

- 1. The initial home visit will be initiated by the local health department lead case manager at the following times:
  - a. after a second elevated blood lead level at 15-19 $\mu g/dL$  on a child six years of age or younger
  - b. after a confirmed elevated blood lead level at or above 20μg/dL on a child six years of age or younger
- 2. The initial home visit will be made according to the following time frames:
  - a. a second blood lead level at 15-19µg/dL within 2 weeks
  - b. a confirmed blood lead level at 20-44µg/dL within 1 week
  - c. a confirmed blood lead level at 45-69µg/dL within 48 hours
  - d. a confirmed blood lead level at 70µg/dL or higher within 24 hours
- 3. The initial home visit form should be completed in the home by the lead case manager.
- 4. The initial home visit form, upon completion, will be filed at the local health department and a copy will be mailed or faxed to the state *Childhood Lead Poisoning Prevention Program* case manager.

Mail to: Lead Case Manager

Childhood Lead Poisoning Prevention Program Division of Adult & Child Health Improvement

275 East Main Street, HS2GWA Frankfort, Kentucky 40621

Fax to: (502) 564-8389

## Appendix D: Initial Home Visit Form

Health Dept. \_\_\_\_\_ County \_\_\_\_\_

## Lead Case Management Home Visit

Phone #					
D.O.B					
Initial Home Visit					
with a BLL of 15µg/dL or above)					
	yes	no	n/a		
g is?					
ooisoning?					
?					
or winewith, when inghi in emercini, ingh					
ance of washing child's face & hands					
union of whoming office of fluido					
ance of washing the child's toys					
and or washing the china a toya					
nmediately reduce exposure such as					
g					
	-				
		Initial Home Visit with a BLL of 15µg/dL or above)  yes  g is? poisoning? levels at  ? seling? of a healthy diet, high in calcium, high cance of washing child's face & hands cance of washing the child's toys mmediately reduce exposure such as with tape or plastic, & restricting child	Initial Home Visit with a BLL of 15µg/dL or above)  yes no g is? poisoning? levels at  geseling? of a healthy diet, high in calcium, high cance of washing child's face & hands cance of washing the child's toys mediately reduce exposure such as with tape or plastic, & restricting child		

## Appendix E: On-site Visual Evaluation Procedure

\*Lead Case Management On-site Visual Evaluation Form Environmentalist/Lead Case Manager

#### Purpose:

To identify areas in the home that could potentially be a source for lead exposure.

To provide suggestions and educational materials to the family in an effort to make the home lead safe.

To reduce the child's current blood lead level to less than  $10\mu g/dL$  by reducing or eliminating the amount of lead exposure.

To assure that all children in the state of Kentucky with a blood lead level of 15µg/dL or above receive timely and appropriate care.

#### Procedure:

- The local health department lead case manager, upon determining that a visual evaluation is necessary, will
  contact the environmentalist.
- 2. The environmentalist and the lead case manager will work together to set up a time (within the proper time frames) for the visual evaluation.

Time frames:

- a. a second blood lead level at 15-19µg/dL within 2 weeks
- b. a confirmed blood lead level at 20-44µg/dL within 1 week
- c. a confirmed blood lead level at 45-69µg/dL within 48 hours
- d. a confirmed blood lead level at 70µg/dL or higher within 24 hours
- 3. The visual evaluation form will be completed in the home by the environmentalist.
- 4. The visual evaluation form, upon completion, will be filed at the local health department and a copy will be mailed or faxed to the state *Childhood Lead Poisoning Prevention Program* case manager.

Mail to: Lead Case Manager

Childhood Lead Poisoning Prevention Program Division of Adult & Child Health Improvement 275 East Main Street, HS2GWA Frankfort, Kentucky 40621

Fax to: (502) 564-8389

<sup>\*(</sup>If the environmentalist is unable to make the home visit for the visual evaluation, the case manager may complete this form.)

## Appendix F: On-Site Visual Evaluation Form

#### \*Child with an Elevated Blood Lead Level Onsite Visual Evaluation of Residence

Health Department	County						
	Sex Birth Date						
Address							
Parent's Name	Phone #						
Environmentalist	Phone #						
	Phone #						
Date of Visual							
Lat/Long:							
General Information:							
1. Do you rent or own (circle one	)?						
2. Are there any subsidies? ☐ Yes							
•	If yes, what type? ☐ Section 8 ☐ Federal Rent Subsidy ☐ Other						
, ,							
Landlord Information: Name							
	Address						
	Phone #						
	Alt. Phone #						
3. Year house was built							
4. Have there been any recent remode	Have there been any recent remodeling of repairs inside or outside the residence?						
☐ Yes ☐ No If Yes, discuss							
5. When did your family move into the	is home?						

### Please complete for the previous addresses for the past 12 months

Dates	Address	Age of Dwelling (if known)	General condition of dwelling—
		(if known)	including any
			remodeling/renovation.

child is at this address a  Contact Name/ type of relation		eral c		ship to the	# hours per	General co	ndition of o		
, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,					week (approx.)	General condition of dwelling including any remodeling/renovation.			
Children's Testing and Re				<b>):</b> .					
Name	4	Age	Date		Location*		Type*	Result	

Has the If Yes,	e child been referred to a physician? Yes No physician's name Phone #
Indica	te any medical treatment, including physician and hospital visits:
Water	Lead Hazards
1.	Source of drinking water?   Municipal Private Well Cistern  Other
2.	Location of faucets where family obtains drinking water?  □ Kitchen □ Bathroom □ Other
3.	Is tap used to prepare drinks for children?   Yes   No If Yes, describe
4.	Has new plumbing/pipes been installed within the last 5 years? ☐ Yes ☐ No
Lead in	n Soil Risk Factors
1.	Any lead industries near the residence? ☐ Battery Plant ☐ Radiator Repair ☐ Soldering Industry ☐ Other
2.	Approximate distance of the residence from the street or roadway
3.	Are there any nearby buildings or structures being (pick one)  □ renovated □ repainted □ demolished □ NA  Describe.
4.	Are there visible paint chips in the soil?   Yes  No If yes, describe

## Occupational hobby Lead Risk Factors

Name:		
<i>J</i>		
		s Activities That May Cause Lead Exposure
	Hobbies	
		Paint Removal
		Chemical Stripper
		Remodeling or Repairing Buildings
		Plumbing
		Repairing Radiators
		Melting Metal for Reuse (smelting)
		Welding, Burning, Cutting, or Torch work
		Pouring Molten Metal (Foundries)
		Auto Body Repair Work
		Working at a Firing Range
		Making/Salvage Batteries
		Making Paint or Pigments
		Painting Salvaging Metal or Batteries
		Making or Splicing Cable or Wire
		Making Explosives or Ammunition
		Making or Repairing Jewelry
		Making Pottery
		Building, Repairing, or Painting Ships
		Working in a Chemical Plant
		Working at a Glass Factory
		Working at an Oil Refinery
		Use of Artists Paints to Paint Pictures or Jewelry
		Reloading or Melting Lead to Make Bullets or Fishing Sinker
obable Lead E	xposure:	Yes □ No
aild Dahari		wive was a tot Diet. Footows
ilia Benavi	or and En	vironmental Risk Factors
1 Where do	os the child	like to play outdoors?
2. True of	umfaaa in t	like to play outdoors?
2. Type of s	surface in tr	ne child's primary outdoor play area?
2 Whore do	oes the child	d like to play indoors?
	des the chin	1 like to play fildoors?
		her fingers? □ Yes □ No

7. Does child have	e a favorite cup	or eating utensil?   Yes   No
If yes, is it cera	mic or painted?	□ Yes □ No
8. Are any of the o	child's toys pain	ted? □ Yes □ No
		orcelain bathtub? ☐ Yes ☐ No
If yes, is it chip	-	
Other Herseheld Die	l. Footous	
Other Household Ris		
		ome remedies or herbal treatments? $\square$ Yes $\square$ No
If yes, what are th		
		hair dyes?   Yes   No
If yes, what bra		
		al, pewter or crystal containers? ☐ Yes ☐ No
If yes, what liquid	s and containers	37
4. What type of co	ontainer (i.e. alui	minum, iron, stainless steel, ceramic) is used to prepare the families food?
5. Does the family	use imported c	anned items?   Yes   No If yes, explain
		nterior or exterior surfaces of the residence, please indicate:
<b>Interior Building Component</b>	Chipping or	Specific Location (i.e. bedroom, kitchen, etc.)
_	Peeling	
Doors		
Door Casings		
Window Sills		
Window Wells		
Window Casings		
Baseboards		
Other Trim		
Stairs or Railings		
Cabinets		
Floors		
Other Surfaces		
Exterior Building	Chipping or	Specific Location (i.e. front, back, side, etc)
Component or Structures	Peeling	
Doors		
Door Casings		
Windows		
Siding		
Porch Floors		
Other Porch Surfaces		
Trim		
Fences		
Play Structures		
Garage		
Other Surfaces		
Signature		
orginature	((	Case Manager/Nurse or Environmentalist)
	(	0-7
*(If environmentalist is	not available for	r home visit, the lead case manager may fill out this form)

### Appendix G: Follow Up Home Visit Procedure

## Lead Case Management Home Visit Procedure (Follow-up Home Visit)

#### Purpose:

To reduce the child's current blood lead level to less than 10µg/dL by reducing or eliminating the amount of lead exposure.

Assessment of home environment to assure temporary measures for lead safety are continuing.

To assure that all children in the state of Kentucky with an elevated blood lead level receive timely and appropriate care.

#### Procedure:

- 1. The follow-up home visit will be initiated by the local health department lead case manager when any of the following occur:
  - a. failure of child to return for blood lead monitoring
  - b. blood lead levels remain elevated
  - c. blood lead levels are increasing
  - d. at any other time the case manager feels a home visit would be beneficial
- 2. The follow-up home visit will be completed in the home by the local health department lead case manager.
- 3. The follow-up home visit form, upon completion, will be filed at the local health department and a copy will be mailed or faxed to the state *Childhood Lead Poisoning Prevention Program* case manager.

Mail to: Lead Case Manager

Childhood Lead Poisoning Prevention Program Division of Adult & Child Health Improvement

275 East Main Street, HS2GWA Frankfort, Kentucky 40621

Fax to: (502) 564-8389

## Appendix H: Follow Up Home Visit Form

### Lead Management Home Visit Case Managers

### Follow-up Home Visit

(Any child who does not return for blood lead monitoring, & children with blood lead levels which remain high, increase or do **not** decline over time.)

Date			
Reason:  Did not return for BLL monitoring			
BLL remains elevated			
BLL is increasing			
Other			
	yes	no	n/a
Parent/guardian understands lead poisoning & the effects lead poisoning can have on their child?			
Previous teaching reinforced?			
Temporary measures for lead safety (tape over chipping paint, cleanliness of home, cleanliness of child & child's toys, etc.) are continuing?			
Home remodeling taking place, or has occurred?			
If home remodeling is taking place, are the children/pregnant women being			
kept away from work areas?			
Child scheduled for repeat BLL at HD, PCP, Clinic, other (if other) specify			
specify Blood specimen collected for pb level in home. (Capillary Venous)			
Comments			
Signature			

### Appendix I: Monthly Report Form Procedure

#### Case Management Monthly Report Form

### **Purpose:**

To coordinate communication between the local health departments lead case managers and the state *Childhood Lead Poisoning Prevention Program* case manager in an effort to assure that all children in the state of Kentucky with a blood lead level of 10µg/dL or greater receive appropriate and timely care.

#### Procedure:

- 1. A case management report will be initiated by the lead case manager in each county of a local health department when a child's blood lead level is equal to or greater than 10µg/dL.
- 2. The initial case management report will be filled out with all demographics and actions/interventions as soon as the health department case manager becomes aware of a child with a blood lead level of 10µg/dL or greater.
- 3. The initial case management report, upon completion, will be filed at the local health department and a copy will be mailed or faxed to the state *Childhood Lead Poisoning Prevention Program* case manager.

Mail to: Lead Case Manager

Childhood Lead Poisoning Prevention Program Division of Adult & Child Health Improvement 275 East Main Street, HS2GWA

Frankfort, Kentucky 40621

Fax to: (502) 564-8389

- 4. The report will be updated at appropriate times following PHPR guidelines on the Lead Classification Chart. (example: Child's blood lead level is 16μg/dL. According to the PHPR guidelines on the Lead Classification Chart, this child would have a repeat blood lead level in 12 weeks. On the Monthly Report the case manager would document the date the repeat blood lead level was obtained, the results of that blood lead level, and any actions or interventions that were done.)
- 5. At the end of each month a copy of all initial, and any updated lead case management reports will be filed at the local health department, and a copy will be mailed or faxed to the state childhood lead poisoning prevention case manager.
- 6. When a child is closed to follow-up, according to PHPR guidelines, the date of case closure and any actions/interventions or comments should be recorded on the case management report. The case management report will then be filed at the local health department and a copy mailed or faxed to the state Childhood Lead Poisoning Prevention Program case manager at the end of the month along with the other lead case management reports.

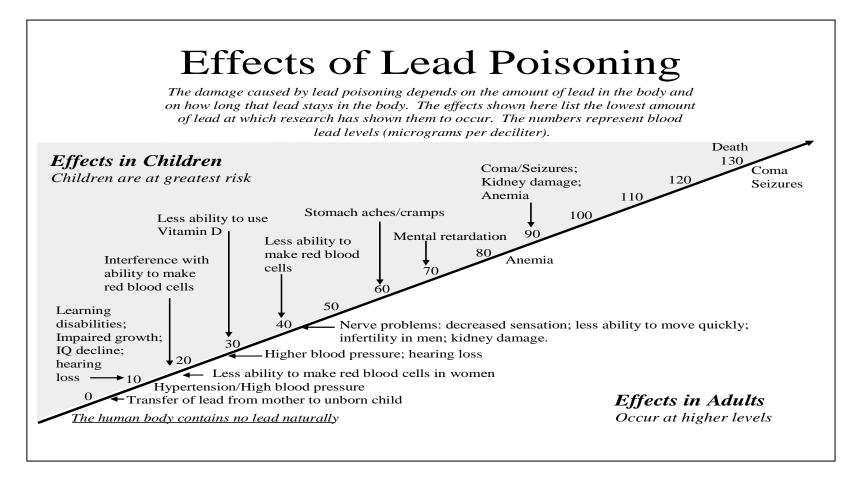
## Appendix J: Monthly Report Form

# Childhood Lead Poisoning Prevention Program Monthly Report

Health Dept	•	Cour	nty	
Case Manag	er	Phone#		
Patient Nam	e	D.O.	В	
Patient Add	ress			_
Parent/Guar	dian	Phon	ne #	
Physician		Phon	ne #	_
Date of Initia	al BLL	Resultsvenous	capillary	
Date of Conf	firmatory BLL	Resultsv_	c	
			_	
		tions/Interventions	Date	N/A
		h educ. info. on lead poisoning		
	cheduled for:			
		med EBL, Other (Nurse,		
Environmen	talist, Case M	anager)		
Scheduled fo	or Medical Nutriti	ion Therapy		
Referred to	Primary Care Ph	ysician for Medical Follow-Up		
		ysician, Specialist, for medical		
	possible chelatio	·		
		ysician for Physical Exam and IMM.		
		sessor for risk assessment		
		sessor for risk assessment		
ronow-up b	LL scheduled			
Lead Hazaro	ds Identified: yes	no If yes, list hazards		
Family Relo	cated: yesn	Page 2 Relocation Address		
Date	F/U pb Test Results	Actions/Interventions/O	Comments	

te closed to follow-up:	Date	F/U pb Test Results	Action/Interventions
ason closed:		Results	
ason closed:			
ason closed:	ate closed	to follow-up:	
se Manager Signature:	eason clos	ea:	
se Manager Signature:			
sc manager signature:	aca Mana	aor Sianoturo.	
	ast maila	gei Signature:	

### Appendix K: Effects of Lead Poisoning Graphic



### Appendix L: Verbal Risk Assessment

#### VERBAL RISK ASSESSMENT FOR LEAD POISONING

The following situations may create lead exposure for a child and are included on the Social History and the Medical History. Review each of these questions at each preventive health visit for all children ages 6 months to 6 years. Document in each child's medical record at every visit that the assessment was done, any positive response(s) and action taken.

- 1. Does child live in or visit a building built before 1978 with peeling/chipping paint or with recent or ongoing remodeling?
- 2. Does child have a brother/sister/playmate who has or did have lead poisoning?
- 3. Do you (or a family member) work on a farm; in a bridge, tunnel, or high construction area; with batteries; ammunition, or visit a firing range?
- 4. Do you use any folk remedies that may contain lead or use pottery or ceramic ware for cooking, eating, or drinking?

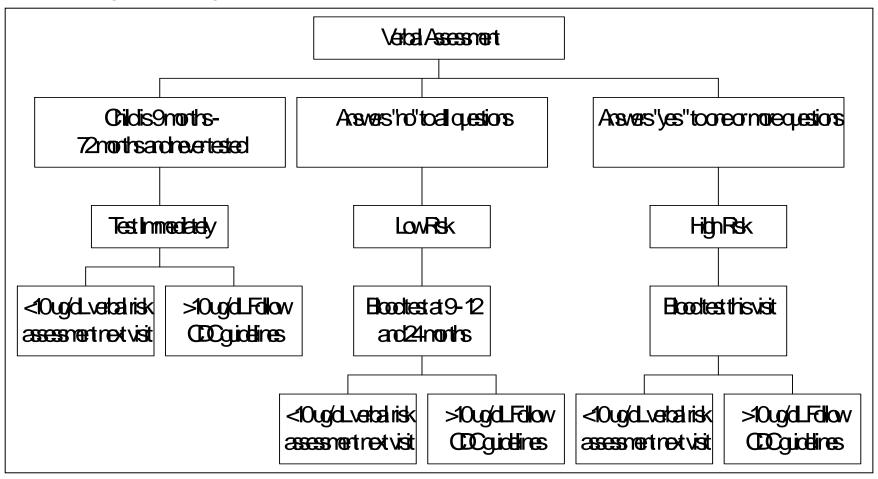
At every preventive health visit all children 6 months to 6 years of age are evaluated, using the questions on the "Verbal "Risk Assessment for Lead Poisoning" to determine their exposure to and risk of lead poisoning.

If the verbal risk assessment is negative at each visit, a blood lead level test should be routinely done from 9–12 months and at 24 months of age. A positive answer to any question on the risk assessment will warrant a blood test for lead poisoning beyond the routine periodicity schedule. Refer to Lead Screening Chart for detailed information.

Recommendations on the following page describe actions to take with regard to classification I-V and the blood lead level associated with each class. Refer to the Lead Classification Chart for detailed information about blood lead levels and assessment, interventions and follow-up for each classification.

## Appendix M: Lead Screening Flow Chart

**Lead Screening Protocol – Ages 6 months to < 72 months** 



## Appendix N: CDC Summary Recommendations for Educational Interventions for Caregivers

#### **General Considerations**

- Tailor educational interventions to each child and caregiver.
- Repeat educational interventions as needed.

#### **Environmental Interventions**

- Provide information about potential sources of lead identified during environmental investigations.
- Explain that lead abatement should be conducted by certified professionals.
- Discuss and demonstrate the following methods that caregivers can use to reduce their child's lead exposure:
  - Create barriers between living/play areas and lead sources.
  - Regularly wash children's hands and toys.
  - Regularly wet mop floors and wet wipe window components.
  - Vacuum carpeted areas before wet mopping floors; cover carpeted floors with throw rugs.
  - Leave shoes at the door. Use entryway mats.
  - Prevent children from playing in soil. If possible, provide sandboxes.
  - Consider relocation if lead contamination is extensive and not easily remediable.
- Discuss with caregivers potential water hazards only if appropriate.
  - Do not cook with or allow children to drink hot tap water.
  - Run the tap water cold for 1-2 minutes in the morning and then fill a pitcher with the water for drinking, cooking, and formula preparation.
  - Use bottled water if drinking water is contaminated.

#### **Nutritional Interventions**

- Discuss dietary interventions
- Encourage caregivers to provide children with foods rich in absorbable iron, vitamin C, and calcium.

#### **Medical Care**

- Discuss the importance of recommended medical follow-up, including the importance of notifying the Case Manager if the family moves.
- Review the nature of and risks associated with elevated blood lead levels (EBLLs).

Centers for Disease Control and Prevention. Managing Elevated Blood Lead Levels Among Young Children: Recommendations from the Advisory Committee on Childhood Lead Poisoning Prevention. Atlanta: CDC; 2002

### Appendix O: PRENATAL LEAD SCREENING GUIDELINES

#### A. Risks of lead exposure in pregnancy

Lead is a neurotoxic element that can cause devastating fetal effects. Lead crosses the placental barrier and the developing nervous system of the fetus is particularly vulnerable to lead toxicity. Some studies have shown that blood lead levels as low as 15ug/dL may result in adverse pregnancy outcomes including spontaneous abortion, premature birth, stillbirth, birth defects, and decreased intellect and/or behavior problems in the child.

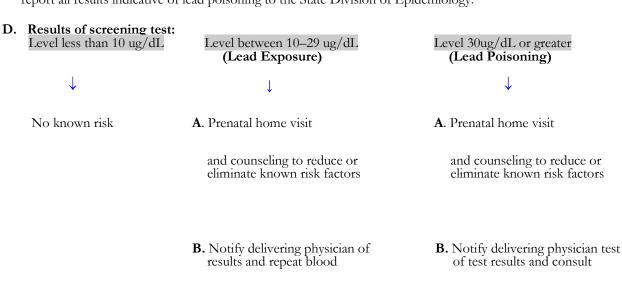
A special concern for pregnant women is that past bone lead accumulation may be released into the blood during pregnancy. Studies have also shown that males exposed to lead may have decreased sperm counts and/or abnormal sperm morphology.

#### B. Patient assessment and education

All prenatal patients shall be assessed for potential lead poisoning at the initial prenatal work-up visit and be given the PAM-ACH-25. The need for blood testing is based on a yes response to one or more lead risk assessment questions. The questions to determine risk status have been incorporated into the patient handout "What is Lead?" (PAM-ACH-25) that is available on the DPH intranet web site.

#### C. Indications for blood testing

If a prenatal patient answers yes to one or more of the four risk assessment questions at the initial visit, a venous blood specimen should be drawn the same day. A purple top tube should be drawn immediately and sent to the Jefferson County Health Department Laboratory, 400 East Gray Street, Louisville, Kentucky 40202. This blood test should be drawn at the same time as the other prenatal lab work. The properly completed sample submission form (provided by the Jefferson County Lab) shall accompany every sample. The laboratory will report the results directly to the submitting health department. In addition, the laboratory will report all results indicative of lead poisoning to the State Division of Epidemiology.



Specimen in 8 weeks

with physician familiar with the management of adult lead

poisoning

#### E. Documentation:

Documentation in the medical record should be brief such as "PAM-ACH-25 provided and discussed with no risk factors found" or "PAM-ACH-25 provided and discussed and blood to lab for screening due to positive risk factors."

Environmental and Clinical Health should work together on all prenatal cases of lead exposure or lead poisoning. Time to correct the problem is very limited and critical in preventing poor pregnancy outcomes.

Pregnant women with lead levels above 10 ug/dl should be advised that any children in the household (ages 6 months–6 years) should be referred to the LHD's Well-Child/EPSDT program or to their primary care provider for lead screening and/or testing. (See Lead Section)

<sup>\*</sup> Prenatal Section of PHPR